#### THE NEXT TRUTH

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# The Next Truth Newsletter

#### VOLUME I, NR. I

MARCH 2021

# Science Is Not Boring, It Rocks!

The magazine <u>"Young</u> People Science" contains articles dealing with a few of the many different scientific fields out there and are written by scientists and citizen scientists in a funny and understandable language. These brilliant minds are showing you that this idea of *science being boring* is (obviously) a superficial surface level thought. How can science be boring when by, for instance, simply using an equation written in a single line, you can predict that 'stuff' can happen?!

#### Science is definitely not boring.

So, where the magazine <u>"Where Science and Myth</u> <u>Meet</u>" is focused on an academic trained audience, the bimonthly magazine "Young



People Science" is aiming her arrows on the next generation male and female doctors, engineers, teachers, psychologists, chemists, physicists, among others, to unlock their fiery enthusiasm and thus their brilliant minds.

And all this super-dooper cool science stuff you will find in the digital versions of the magazine, which will become interactive as from March 2021. It is fun to read and for all science lovers of all ages!

In other words, we have created this fun magazine for all who life by the motto, "SCIENCE ROCKS!" to let your imagination roll free, to explore careers in Science, Technology, Engineering, and Math (STEM) and to let your inner genius escape.

## **STEM** Education Is YOUR Path

Even though you might hear people say that you will never ever achieve your goal, damaging yourself confidence, due to the many silly reasons people are giving for you not to go forward, you are driven and curious and you are not afraid to learn! So why would you let any barriers get in front of you...holding you back? **STEM education** is YOUR path forward regardless if you are a boy or a girl, your country of birth, skin color... to build your confidence, skills and knowledge to become an engineer, physicist, chemist, archeologist, among others. Or perhaps you like to become an astronaut and conquer space, or what about getting paid for digging in the ground an Archeologist who is seeking the secrets of past civilizations?

**Science**: It's about creating. It's about making. It's about bringing things together and seeing a different result. It's about to let your imagination roll free, to explore the wonderland of science and to let your inner genius escape.

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Ever wondered what life on other planets would look like from a scientific perspective ?

### SETI's Senior Director of Education and STEM Programs, Dr. Simon Steel Made Me Think

On the evening of March 3rd I had an amazing conversation with Dr. Simon Steel from SETI. About 50 minutes into the conversation I gained the realization of me experiencing, with full awareness, a form of the Mandela effect. Dr. Steel was ex-plaining that particular discoveries concerning moons orbiting planets (not our moon), where made, officially, in the early 90's.

I remember having this knowledge ever since my

early teens. But, according to his explanation, this is impossible!

This made me think, if our brains have the capability of storing information 100% but this 100% is reached at the age of, say, 25... could it be possible that the brain is than starting to 'stack' new information on top of the information gathered in the first 25 years? What if this process is, like annual seasons, repeating itself until the moment of our physical death? If a biological process as such is possible, it might explain why particular events in our lives are remembered incorrectly or in a different 'time frame/ zone'.

Why? Perhaps this is a primordial, natural survival mechanism of the brain itself, storing the needed information in order to save the species.

Is <u>consciousness</u> itself bending time and space in order to survive????

There is this idea that identity is continuous. Each person alters over time piece by piece, and so, eventually, you are a completely different person as the one you started out as.

### **Consciousness; Is There a Coherent Answer?**

Many philosophers have argued that it is a unitary concept that is understood intuitively. Others, though, have argued that the word indicates that it either means different things to different people, or it encompasses a variety of distinct meanings with no simple element in common. Despite millennia of analyses, definitions, explanations and debates by philosophers and scientists, consciousness remains puzzling and controversial.

Because your body keeps replicating cells and changing things, you could ask the question "Am I still the same person that I was 10 years ago, or am I someone completely different?"

It is mathematically likely that we are currently living inside one of these fluctuations. That means we are a strange temporary approximation of people who once lived perhaps billions of years ago. So you are you, but you are also someone else that was you, but you are that person, but you are only you....(sigh).... never mind I will let myself out.

<u>Read the intriguing articles</u> in the Edition of March 2021



#### Stress, Dissociation and Depression; Do They Trigger the Brain to Create Vivid Paranormal Phenomenon?

What is real and what is not?' A ghostly apparition gliding the grounds of a cemetery, the, during a traditional ritual, summoned deities or the car in the garage? Odd as it may sound on the latter, the truth is, we have no clue what this mathematical Matrix around us, truly contains. As far as it is known, our brain has yet not learned how to place a concept into the frame of classical reality....how to convert the geometric design(s) of nature herself, into an understandable language.

What is the purpose for us to fill in these blanks with Mother nature's monsters, UFO's or a conspiracy theory? Is it a neuronpsychological defense mechanism? What is triggering the brain in believing its own creations?

<u>An interview with</u> <u>California State Univer-</u> <u>sity's Prof of psychology,</u> <u>Matthew J. Sharps.</u>

#### VOLUME I, NR. I



Although it is often taken for granted, it is not at all a natural line of thought that a person has to fulfill a specific task in life based on being a woman or a man.

### The Philosophy of Science As a Way of Life.

The term "gender role" was first used by John Money and colleagues in 1954, during the course of his study of intersex individuals, and speaks of a social role encompassing a range of behaviors and attitudes that are generally considered acceptable, appropriate, or desirable for a person based on that person's biological or perceived sex.

The importance of mainstreaming gender in all walks of life cannot be overemphasized. This is not just to make sure that women get a chance to give expression to their creativity and abilities, it is essential for the balanced development of any society. In fact when considering women in science, it is even truer: research is a highly creative and individualistic activity and each person makes his or her unique contribution.

Anindita Bhadra, a Global Young Academy Co-Chair and Associate Professor at the Indian Institute of Science Education & Research, weighs in on the position of the female scientist in India and the importance of STEM subjects. <u>https://youtu.be/</u> <u>o MG8leSD04</u> "The importance of mainstreaming gender in all walks of life cannot be overemphasized."

### The April 2021 Edition of The Next Truth



Our eyes don't lie: they are windows to the soul. They show the truth, no matter what face we put on, in any situation. However, it goes much further than that.

According to a study done by psychologists and other scientists from different branches of the study of human language, throughout our lives, up until we are about 40 years old, we choose from a series of faces that we adapt to different, distinct communicative situations. This has been called *social face*.

But this social face possesses a complete different meaning when we are talking about schizophrenia, narcissism, dissociative trance disorder and even the more common demonic possession.

### We're Not the Only Animals Who Feel Grief and Spirituality

In the March/April 2021 edition of Young People Science, you can read Prof. Mark Bekoff's article in where he is discussing the difference between "religion" and "spirituality", how animals are experiencing spirituality and...how they grief.

"When I talk about spirituality I have in mind an embodied experience that is separate from interpretative solutions. I make a distinction between religion and spirituality. Religion includes a strong cognitive closure (interpretative) component. In contrast, I see spirituality as an effective opening. It emerges at an encounter with perceived agency that the brain can't automatically squeeze into a known category, leaving space for direct engagement.

This engagement is experienced as meaningful without having to be "converted" into meaning through the interpretative apparatus. <u>Take Jane Goodall's famous chim-</u> <u>panzees at the waterfall</u>. Of course, it is possible that they had a powerful and meaningful spiritual experience even if they've never developed a theology out of it.

For reading the super fun and interactive articles in the Edition of March/April 2021



#### The Next Truth's Goal

"Young People Science" is created for you to let your excitement and curiosity explode every two months when reading your next issue. And, as we continue to evolve the magazine, we ask you to contact us when you have conducted a super fun experiment with your classmates, when you have visit an amazing exhibition with your school or maybe you have met a very famous scientist, just to name a few examples, so that we are able to meet and exceed your expectations.

Email The Next Truth your experiences, stories and photo's via **info@nexttruth.com** and we will publish it for you to show your parents, teachers and friends with the free PDF of the edition your work is published in. Or simply follow the links below and post your cool science on Facebook, LinkedIn and Twitter.

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### 'I have only been attacked by human spirits acting out as demons', Ellen Poestkoke says.

"Something here is inducing a tremendous fear into you. You are living in a place that is giving you nightmares. Then you wake up and whatever gave you this nightmare... is in bed with you!

It then takes you to where it's from so that you can witness all the pain, suffering from all the people being killed in its cave. Within this horrifying moment you can do only one thing, trying to convince yourself you are experiencing a most vivid nightmare."

What I just said listens to an eerie plot for a new horror movie but believe it or not, it is really happening and you are at the center of it. Or should I say...your peripheral vision is.

For decades, researchers have wondered how little light the

human eye could actually detect and it turns out that one photon – the smallest unit of light — is enough to send a signal to the brain. The fact that a rod, or cone, can be stimulated by a single photon and pass a 'message' on to the brain does not mean that it will be...even if that photon happens to be in the visible frequency range and is travelling directly into the eye and onto the retina.

During these moments it seems to be a natural behavior for our brain to decide in filling-in the missing information in order for us to recognize and understand the shapes we see during the darkest moments of the night.

In <u>the TNT-Podcast of March</u> <u>9th</u> Dutch demonologist and dimensional researcher, Ellen Poestkoke weighs in on which dark, unknown, demonic forces are tapping on our shoulders in the dead of night.

