

PARANORMAL UNDERGROUND®

Volume 12, Issue 3

March 2019

THE PARANORMAL
HISTORIAN
J-Adam Smith

AN ABDUCTION
RECOLLECTION

ALIEN VAMPIRES:
ARE THEY REAL?

AMERICA'S HAUNTED
HOSPITALS & ASYLUMS

Crystals to Balance
CHAKRAS

ALSO INSIDE:

CHILDREN AND PARANORMAL INVESTIGATION

HELPING SPIRITS COEXIST WITH THE LIVING

MR. HUFF'S GHOST: A SHAMAN'S SPIRIT ENCOUNTER

Dinner Date With A Ghost



Elaine Weir Watkins

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ELAINE WEIR WATKINS COMBINES TRUE GHOST
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SEAN CASTEEL

Sean is a freelance journalist who has been writing about UFOs, alien abduction, and many other paranormal subjects since 1989. His writing has appeared in *UFO Magazine*, Tim Beckley's *UFO Universe*, *FATE Magazine*, *Mysteries Magazine*, and *Open Minds Magazine*, among others.



Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications, all of which are available from Amazon.com. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

<http://www.amazon.com/author/seancasteel>

BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process.



As a special projects manager primarily involved in process engineering, and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena. He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

<http://www.spectraltech.org/>

KAREN FRAZIER

Karen is a psychic medium and author. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*, *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*, and *Avalanche of Spirits: The Ghosts of Wellington*.



Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

<http://www.authorkarenfrazier.com/>

WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year



journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

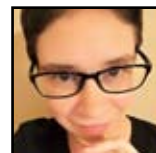


Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications.

<https://paranormalunderground.net/>

MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.



Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGodDess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience spans more than 30 years and includes expertise in gemology, astrology, tarot, aromatherapy, reiki, and herbal medicine.



Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their own cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

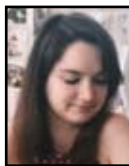
<https://www.sagegoddess.com/>

CATHERINE PHELAN

Catherine has been writing and editing for the Web since moving to New York City. She is an editor at Open Road Integrated Media Inc. Her first memory is of realizing

that C A T meant cat — and she hasn't stopped reading since. Recently, Catherine has been making her way through the classic mystery novels of Agatha Christie.

<http://www.the-line-up.com/>



MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

<http://michellepillow.com/>



RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experimenter herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth-seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

<http://truthseekerhighway.com/>



PAUL SCHROEDER

Paul was a confirmed atheist until he saw aliens float him out of his body, in his bed, at night. Then he knew that they were interested in an essence that he never suspected that he had: a nonphysical soul.

"Our spiritual powers that interest and addict interdimensionals are the very powers that can be used to thwart further attacks," according to Paul. "They infect auras with attachments to themselves and ride the reincarnation roller coaster with human beings, as a sanctuary, to avoid the death that they fear and to steal the spiritual recycling that we have."



NICOLE STRICKLAND

Nicole is the founder and director of the San Diego Paranormal Research Society and serves as the team's EVP specialist and historical locations case manager. She has been actively investigating historical landmarks and private residences for paranormal activity since the early 2000s after a profound experience with the spirit of her beloved grandmother.

Nicole is also a member of the Ghost Research Society and was appointed to the GRS Southern California Area Research Director position in 2009. She also serves as a California Representative for the American Spectral Society and is the author



of *Field Guide to Southern California Hauntings* and *The Haunted Queen of the Seas*.

<http://www.sandiegoparanormalresearch.com>

THE LINEUP STAFF

The Lineup is home to the web's creepiest and most mysterious stories. They seek out gritty tales of historical true crimes, horror, and the paranormal, and then they share their latest dark obsession with fellow enthusiasts.

<http://www.the-line-up.com/>



MARIA ANNA VAN DRIEL

Maria Anna is an investigative journalist, columnist, author, radio correspondent, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and owner of *The Next Truth Magazine*, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

<http://nexttruth.com/>



CHAD WILSON

Freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

<https://paranormalunderground.net/>



JOHN YOUNG

John became a news reporter in the Marine Corps in the early '70s. He writes on a wide variety of subjects. Before that, he served in the US Army during the Vietnam War.

After leaving the Corps, he worked in many other fields, including as a news reporter, photo-journalist, editor on a weekly publication, surgical technician, truck driver, and route salesman security guard, among other jobs. But writing is what he likes best.

<http://hubpages.com/@jy3502> ♦



Got Paranormal News?

Do you have paranormal news you'd like to share with *Paranormal Underground*?

Email editor@paranormalunderground.net

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EDITORIAL

PUBLISHER

Chad Wilson

EDITOR-IN-CHIEF

Cheryl Knight-Wilson

editor@paranormalunderground.net

NEWS EDITOR

Morgan Lineberry

SCIENCE EDITOR

J.D. Harrison

CONTRIBUTORS

Sean Casteel

Bob Fountain

Karen Frazier

Willie Windwalker Gibson

Athena Perrakis

Catherine Phelan

Michelle M. Pillow

Rainbow Radaelli

Paul Schroeder

Nicole Strickland

Maria Anna van Driel

John Young

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A Spiritual Journey: The Path to Enlightenment

One thing I've learned over the years is that this world is made up of more than just the physical items that are around us. Yes, you have the grass and flowers, tables and chairs, the wind and the rain, smartphones and computers, the Sun and the Moon ... but there is definitely more beyond what you can see or touch.

I am talking about the spiritual side of existence. This is something I didn't think much about when I was younger. I focused on what was real and things I could touch or see. Eventually, when I faced my own mortality, thoughts of spirituality started creeping in, slowly at first and then fast and furious: *Is there something more beyond the physicality of our bodies? Is it wishful thinking? Or is the unexplainable, in fact, as real as nuts-and-bolts possessions, as real as the stars in the night sky?*

Of course, growing up I had heard plenty of tales about ghosts and spirits, Bigfoot and the Mothman, UFOs and aliens, psychic abilities, and alternate dimensions. I had read my fair share of books about all of these topics. But, like many people, I relegated these tales to the imaginations of the authors I read or the TV

shows I watched. Sure, a part of me wanted to believe that such things were true. Because if these things were true, then what else could the world and the Universe offer? What else could an unseen realm offer?

I also learned along the way that the spiritual side of life requires a certain frame of mind, one that is open to out-of-the-box exploration and groundbreaking research into the unexplained.

Looking at the world spiritually, I believe that each life we live is just

one stop on our journey through the cosmos, and once we die, we live again — reincarnated. During each life we live, we learn more, ask more questions, and continue to evolve, spiritually.

Life's questions are age-old and include: What happens to us when we die? What is the reason for life? And what else is in this world that we haven't discovered yet? ... among many other questions. We each come up with our own answers to these questions. Occasionally, we discuss our beliefs with others, sometimes making an impact and changing the world around us.

Just asking these questions means you are taking important steps along your own spiritual path. ♦



Chad Wilson,
Publisher

April 5-6

Salem Con
Hawthorne Hotel
Salem, Massachusetts
www.mghparanormal.com

April 6

Butler Paranormal Conference
Tanglewood Center
Butler, Pennsylvania
www.facebook.com/events/1826825784073288

April 12-13

New England Para-Fest
Kittery Community Center
Kittery, Maine
www.facebook.com/newengland-parafest

April 13-14

Gift of Light Expo
Cuyahoga County (Berea) Fairgrounds
Middleburg Heights, Ohio
<https://giftoflightexpo.com/>

May 3-4

Haunted Heights Paranormal Convention
Clive & Dot's Anchor Inn
Houghton Lake Heights, Michigan
www.facebook.com/events/2002110806769405

May 3-5

Virginia City ParaCon
Various locations
Virginia City, Nevada
www.vcparacon.com

May 4-5

ParaPsyCon
The Ohio State Reformatory
Mansfield, Ohio
gefeketik.wixsite.com/parapsycon

May 10-17

Wicked Waters Cruise
With Haunted Tour Excursion
Boston, Massachusetts (to Bermuda)
www.wickedwaterscruise.com



May 11

Midwest Parafest
The Toledo Yacht Club
Toledo, Ohio
www.erieshoresparanormal.com/?page_id=597

May 17-18

New Jersey Paraunity Expo
Woodbridge High School
Woodbridge, New Jersey
www.newjerseyparaunityexpo.com

May 31-June 2, 2019

PA Bigfoot Camping Adventure
Benners Meadow Run Cabins and Camping
Farmington, Pennsylvania
www.pabigfootcampingadventure.com

June 1

Fort Mifflin Paranormal Expo
Fort Mifflin
Philadelphia, Pennsylvania
www.fortmifflinparacon.com

June 6-9

The Afterlife Awareness Conference
The Radisson Hotel
Salt Lake City, Utah
www.afterlifeconference.com

June 21-22

Haunted America Conference
Best Western Premier Hotel
Alton, Illinois
www.ghostconference.net

E-mail your paranormal event to
editor@paranormalunderground.net. ♦

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ADVERTISING

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Contact:

Cheryl Knight-Wilson
editor@paranormalunderground.net

ART DIRECTION

ART DIRECTOR

Chad Wilson

DESIGN AND LAYOUT

Cheryl Knight-Wilson

ON THE COVER

J-Adam Smith
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T. Sheley Photography)

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Send comments and letters to:
editor@paranormalunderground.net

MYSTERIOUS STRUCTURES, UFOs, RELIGIOUS EVIDENCE, AND A CREEPER

BY MORGAN LINEBERRY

ANCIENT STRUCTURES UNEARTHED IN THE SAHARA

Strange and unexplained things have been happening on our planet for longer than we may ever know. Cases go back thousands of years, and sometimes the historical mysteries are just as intriguing as new ones. Case in point: Hundreds of structures were recently found in the Sahara Desert.



This stone structure is known as a dolmen, a single-chamber megalithic tomb. (Photo by Nick Brooks and Joanne Clarke)

Brett Tingley of MysteriousUniverse.org brings us this [recent finding](#), explaining that the “structures come in various shapes and forms and appear to date back thousands of years,” although scientists do not have an exact age yet. What are these structures and why were they built? These questions remain unanswered, and the ambiguous nature of the structures, which range from “straight lines to rectangular platforms to giant circles or crescents,” leave few clues.

“One structure appears to be a combination of smaller forms including lines, stone circles, and platforms, forming a structure over 2,000 feet (600 meters) long,” Tingley reported. This is quite impressive without the

help of modern building technology.

One theory is that the structures “mark the location of graves,” but due to safety concerns because the area harbors terrorist groups, investigations are limited. Although this may leave us with more questions than answers, it is nice to know that along with new inexplicable phenomena we will continue to unearth ancient mysteries as well. And as Tingley points out, “These preliminary discoveries only further highlight how many chapters of hidden or unknown history may have been lost to the sands of time.”

Just thinking about the ground we walk on every day is enough to give you chills when you look at it this way.

UFO FORMATION SEEN OVER CHINA

Extraterrestrials are still making visits to Earth. And the only logical explanation I have at this point is that it is the equivalent of humans watching reality television or visiting cheesy tourist destinations just to say they did.

Well, the ETs stopped by again, according to Sean Martin of Express.co.uk. This time [they visited China](#), and the video, which someone uploaded to [YouTube](#), “seems to show several crafts flying” overhead. The strangest part is that they “can be seen flying overhead in formation.” Another interesting feature of the crafts is that they are all different sizes “with the middle one being by far the largest.” This is stumping skeptics, because if the crafts were man-made, they would most likely all be the same size and shape.

It makes one wonder, are we an alien drive-in movie? Or is something more insidious going on? Some people



have speculated that China has its own version of Area 51. This does not seem too far from the realm of possibility at all. Other oddities that add to the video's credibility are that all the aircrafts are "pointing outwards" and that one of them actually drops away even though there are no traces left behind and "there is no runway close to it."

I will admit that I have always been a believer in the existence of extraterrestrial life, but I retain a healthy dose of skepticism until I see photos and videos for myself. In short, this one has me convinced. It is one of the best UFO videos I have seen in a long time.

MESSIAH ON MOUNT OLIVET

I tend to steer away from religious topics, but once in a while something pops up and I feel it is a good story whether one believes it or not. Callum Hoare of Express.uk.co reports that a recent discovery could offer a sign about the second coming of Jesus Christ. Apparently the sign was discovered "along a famous mountain range described in the *Bible* as being integral to the story of Jesus Christ's second coming."

Mount Olivet, also known as the Mountain of Olives thanks to the olives that used to grow there, is thought to be where Jesus will stand when he comes back and "the Mount of Olives will be split in two from east to west." Now for the surprising evidence, according to Hoare's report: "Strangely, geologists have discovered a geometric fault line running east to west right through" Mount Olivet. This is ironic to say the least and is enough to make even skeptics raise an eyebrow.



This mountain "has been a site of Christine worship since ancient times," so the mountain itself is nothing new. And, Christianity is, of course, one of the primary religions in Jerusalem. In fact, many "religious followers have been buried on the site, based on the understanding that when the Messiah returns, the resurrection of the dead will begin there."

The Bible is more than 2,000 years old, but this fault line discovery is a product of modern science. So one must ask, when science seems to help backup religion, could this be true? Of course we won't know for sure unless Jesus comes back and either does or does not stand on the Mount of Olives. :)

CREEPER IN THE CORNER

My final tale is short, sweet, and straight-up spooky. FreakLore.com's Terry Larch brings us an "obscure video [that] seems to show a demonic entity sitting in the corner of a classroom" (starting at about 6:15).



I shall call this thing Creeper because it is seriously creepy! Naturally, little is known about the video other than that a group of teenagers went into an abandoned school and happened to get the lucky shot. While there is no audio in the edited version of the film, the voiceover confirms that "there was audio and the teens did scream." I bet they did!

Of course some people believe this is nothing more than someone in a mask, but I wonder if it is the spirit of someone who died in the school instead. Perhaps, as the figure allegedly had "one hand in its pocket and was wearing jeans." Whatever this is, it is certainly a dark entity and makes me want to agree with Pink Floyd — we really don't need no education! ♦

NOTHING COMES BACK THE SAME IN SECOND 'PET SEMATARY' TRAILER

BY CATHERINE PHELAN, THE LINEUP

The Stephen King adaptation craze continues. The latest trailer for *Pet Sematary* has arrived — with fresh chills right alongside. *Pet Sematary* is based on King's 1983 novel, which he has claimed is the book that scared him the most over the years. With its themes of death, grief, and trauma, *Pet Sematary* is some of King's best writing, plumbing deep emotional stakes to bend a very real experience into a surreal nightmare.

And the latest adaptation of his novel, due out in April, seems poised to follow in those nightmarish footsteps. In the second official trailer for the film, we get a glimpse past the mood-setting of the first trailer. Although the general plot is well-known by any horror geek at this point ... **MAJOR SPOILERS AHEAD** ... (Cat dies, comes back to life; but worse, child dies, comes back to life; but worse ...) This trailer makes it clear that we're not just getting another zombie-like remake. No, nothing comes back the same.

And in 2019, it's not little Gage who comes back differently. Older sister Ellie will be the demonic child returned from the grave in this take on the modern classic. Hopefully, this change signals a willingness to rework King's iconic tale into something new, something terrifying, and something shocking. With a stellar cast supporting the film, including John Lithgow as Jud Crandall, the neighbor who warns the Creed family about the dangers of their backyard cemetery ("Sometimes, dead is better"), and Jason Clarke, who has been making his mark in horror films, including last year's *Winchester*, this King adaptation is certain to become one of the most terrifying yet.

Based on the trailer, John Lithgow's gravitas, Jason Clarke's traumatized face, and the eerie tone of nearly every single shot, we're certain that *Pet Sematary* will leave us deeply unsettled. Check out the [trailer here](#). ♦



"Sometimes dead is better" is the new tagline for the remake of Stephen King's *Pet Sematary*, which is set to release on April 5, 2019. (Image source: Alphaville Films / Paramount Pictures)



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opening your mailbox gave
you the chills?**

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CREEPY CRATE
BY THE LINEUP

THE PARANORMAL HISTORIAN: J-ADAM SMITH

BY CHERYL KNIGHT

Encountering the paranormal early in life led J-Adam Smith on a quest for answers. And for nearly two decades, he has investigated all aspects of the paranormal field, from traditional paranormal investigation to psychical work and energy healing.

Today, J-Adam is a trailblazer for all things that go bump in the night. He leads workshops on developing intuition and connecting to your angels, as well as lectures on the evolution of the Spirit and having discussions with others about life's mysteries. He is a holistic energy therapist, medical intuitive, and founder of Haunted Knoxville Ghost Tours.

J-Adam earned the nickname "The Paranormal Historian" after he began using a location's history as a critical part of his investigations, especially in the Knoxville, Tennessee, area. In addition to his paranormal work, J-Adam owns and operates a holistic healing studio, offering assistance in spiritual combat, mentorship, and guidance to individuals who possess intuitive gifts. He is also a professional contemporary violinist and has a school of violin performance in Knoxville.

J-Adam recently spoke to *Paranormal Underground* about his paranormal experiences, what it's like to work as both an investigator and a holistic energy therapist, and Haunted Knoxville Ghost Tours.

* * * * *

Q: When and why did you begin investigating the paranormal?

J-Adam: My experience and interest in the paranormal has been with me my entire life. When I was growing up, my father was transferred around the country. One

particular home that we lived in for a year in New Jersey was believed to be heavily haunted, and my parents never divulged that the noises we heard in the attic were not rodents but actually spirit activity.

This information was given to me when I had my first true over-the-top experience with out-of-control activity in my home after I purchased my dream house in my late-20s. I literally ran to my parent's house in the middle of the night. I began knocking on the door, afraid of judgment by my parents, but they would not let me in until I

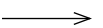
told them why I was there. Initially, I said, "I don't want to tell ya," but after persistent questioning, I finally exclaimed, "I think my house is haunted!"

I had the most terrifying experience of my life in that house.

I was testing an air mattress for an upcoming camping trip in my living room. I was awoken at nearly 3 a.m. by a man's voice moaning inside the house. I was like, "Hell no, I'm out of here!" This was the moment things got real and very personal. Before this very frightening experience, many different things opened my eyes to the reality of the paranormal.

I remember once when a friend came over with her dog, Otis, the dog acted very nervous and wandered around, acting very skittish and growling at a wall where there was absolutely nothing there. My friend found the behavior very alarming. I used that as an opportunity to test out the effects of sage on a haunted home. The sage changed the environment so much that the dog and my friend could palpably feel it.

Additionally, lights and faucets would turn on by themselves, a feeling of dread would be felt in the house, cold spots could be felt out of nowhere, etc. I would like



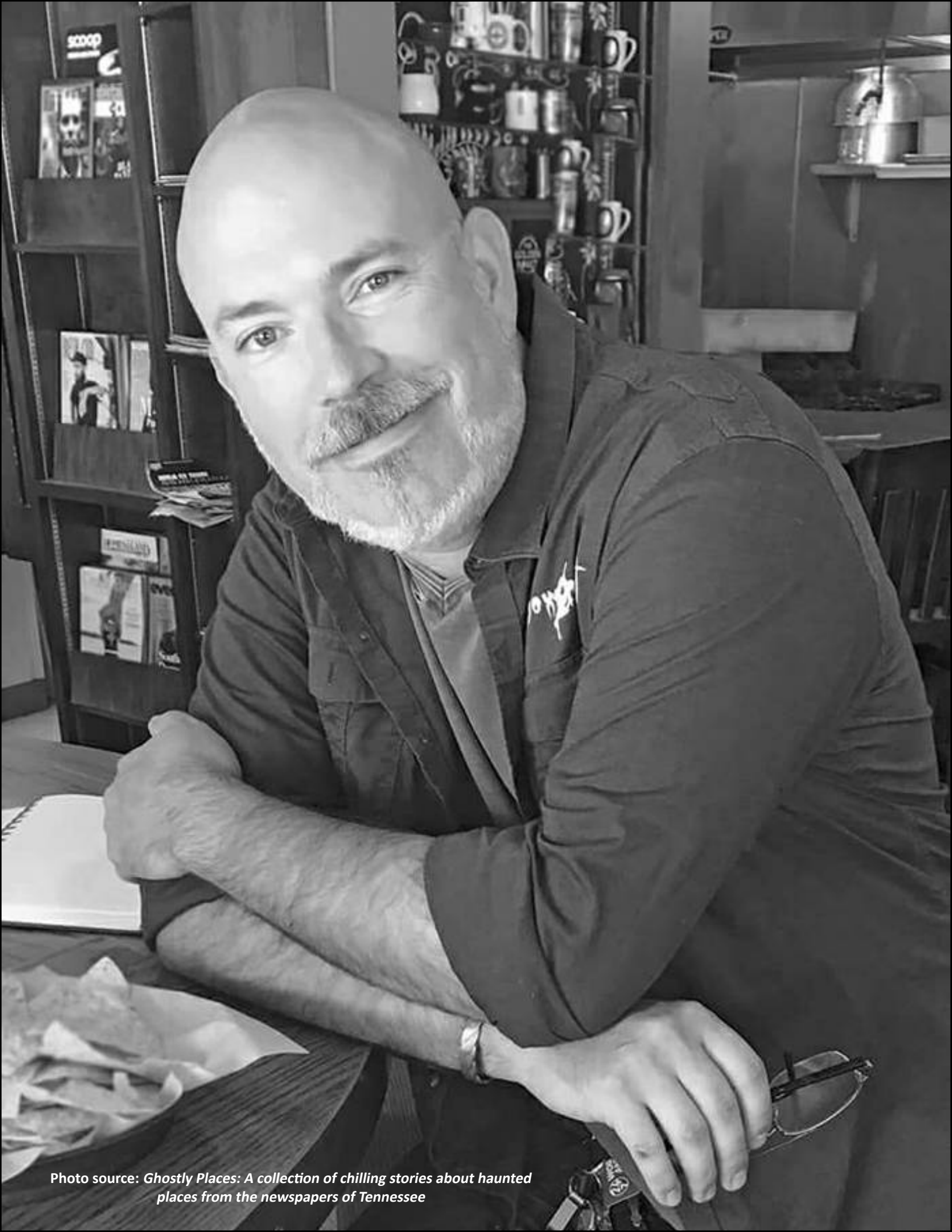


Photo source: *Ghostly Places: A collection of chilling stories about haunted places from the newspapers of Tennessee*



J-Adam's holistic healing studio in Knoxville, called Knox|Healing, specializes in energy therapy, including reiki, healing touch, crystals, chakra balancing, and divine intervention. (Photo by Tod Sheley)

to think that the reason this home became such a catalyst in my experience with the paranormal was due to my awakening that happened multiple years earlier, around the year 2000.

Q: What can you tell us about your “awakening”?

J-Adam: I found myself becoming fascinated with spirituality and divining. I was highly skeptical of the use of pendulums initially; that is, until my mind was absolutely blown.

Anyone playing with a pendulum initially would ask ridiculous questions, testing the authenticity of this unusual method of divination. I was pretty skeptical. I would ask questions such as, “So, when are my parents going to get home?” etc., and initially I would get answers that would not come true, which totally put into question my belief in these devices.

One day I asked, “Will I have a long life?” The pen-

dulum said, “No.” I was blown away. I sat in pure fear for a few minutes until I asked, “Can I change my future?” It responded, “Yes.” Then I started asking more questions ... “Do I die because of natural causes?” It answered, “No.” ... “Was it due to someone else?” It answered, “No.” After some time of investigative questioning, I asked, “Do I die in my car?” It answered, “Yes.”

At this point in my life, I was driving a very nice Nissan Murano. My mind was thinking, “No way. This has to be full of crap.” I continued asking questions ... until I asked, “Am I going to die because of an accident involving my tires?” It answered, “Yes.” At this point I decided to play along because of the very scary message received and my ability to truly debunk once and for all the reliability of the pendulum. My inquisitive mind wanted to lay this shocking news to rest.

I decided to take my new car (that had absolutely nothing wrong with it) into a tire shop. If you were present, you would have thought the whole experience very comical. The person at shop asked, “So, how can we help you out? Do you need an alignment or something?” My response was, “I am so sorry to bother you, but I’ve got a bad feeling about the tires on my Murano.” They started asking me more questions, like, “Is the vehicle doing anything weird?” My response was, “ummm ... no. I just have a bad feeling about the tires. Could you please just check my tires for anything that could potentially be problematic? I would really appreciate it.”

Of course, I was not going to tell them that my pendulum was telling me to have them look at the car, so I went into the bathroom to continue my conversation with the pendulum. I decided to get specific with the pendulum. I wanted to see if this pendulum could be trusted. I asked which tire was in question, where was the problem, etc. The pendulum responded that the left front tire had an issue and that I would have an accident on the highway.

I decided to return to the lobby and wait for my car to be returned. I noticed the tire specialist had a perplexed facial expression. I just assumed it was because I was wasting his time. The specialist came to the lobby and shared, “OK. We went and checked all the tires as you asked. We didn’t see any issue with the tires until we saw your front driverside wheel.” At this point all the hairs on my arm stood up.

“We noticed that there was a pretty long nail in the tire. It was almost dead center.” I heard the word dead and my heart stopped for a moment. I asked, “Could this nail cause an accident.” He responded, “Normally no, it wouldn’t, but because your tires are seamed in the middle and the nail was right in the center, it could have caused a serious blow out.”

My next response was asking what conditions would have to happen for this issue to be deadly. He said, "If you were to travel on the highway at high speed, this wheel could have blown and flipped your car. It is really good you brought this in to us."

He asked me, "How did you know that there was an issue?" My response was that I had a gut feeling. I wouldn't dare tell him that I was being instructed by something as crazy as a pendulum. I asked them to replace the tire completely. I went back into the restroom. I asked the pendulum the biggest question I've ever asked.

"Did I change my destiny?" It responded, "Yes."

I believe without a shadow of doubt that we all have angels looking out for us, looking to help us on our paths. They seek every opportunity to help us. We must be open to their communication and believe wholeheartedly.

My pendulum communication developed from this point. I continued using the pendulum and learned the questions that can be answered and the questions that cannot be answered along the way. I became a true master with the pendulum (using it for other purposes, such as healing, spiritual combat, and spirit location) until it was no longer needed. I started to predict the pendulum swings. I knew how it was going to respond. I would feel the direction shifts inside me.

Finally, I asked a question that furthered my understanding of this amazing divination tool: "Do I need the pendulum to converse with you?" It responded, "No." Then one of the craziest things happened. I heard in my head, "You can talk to us this way as well."

Q: What interests you most about the paranormal?

J-Adam: What interests me most about the paranormal is that once you decide to go down that proverbial "rabbit hole," everything starts to come together and make sense. The investigating tends to get less frightening, and in my case, my eyes opened to a whole new world where esoteric stuff exists.

Q: Whose work in the paranormal field do you respect the most and why?

J-Adam: When I had my initial experiences, I found myself studying books and researching on the Internet for



"I respect all investigators out there who investigate in a professional and respectful way, which in my opinion is to truly connect with the spirits versus trying to get a response any way they can, including antagonization." — J-Adam Smith

any help I could find. In regards to methods, I lean toward respectful investigating. There is an awful lot of poor investigation techniques that tend to antagonize, belittle, and insult the spirits.

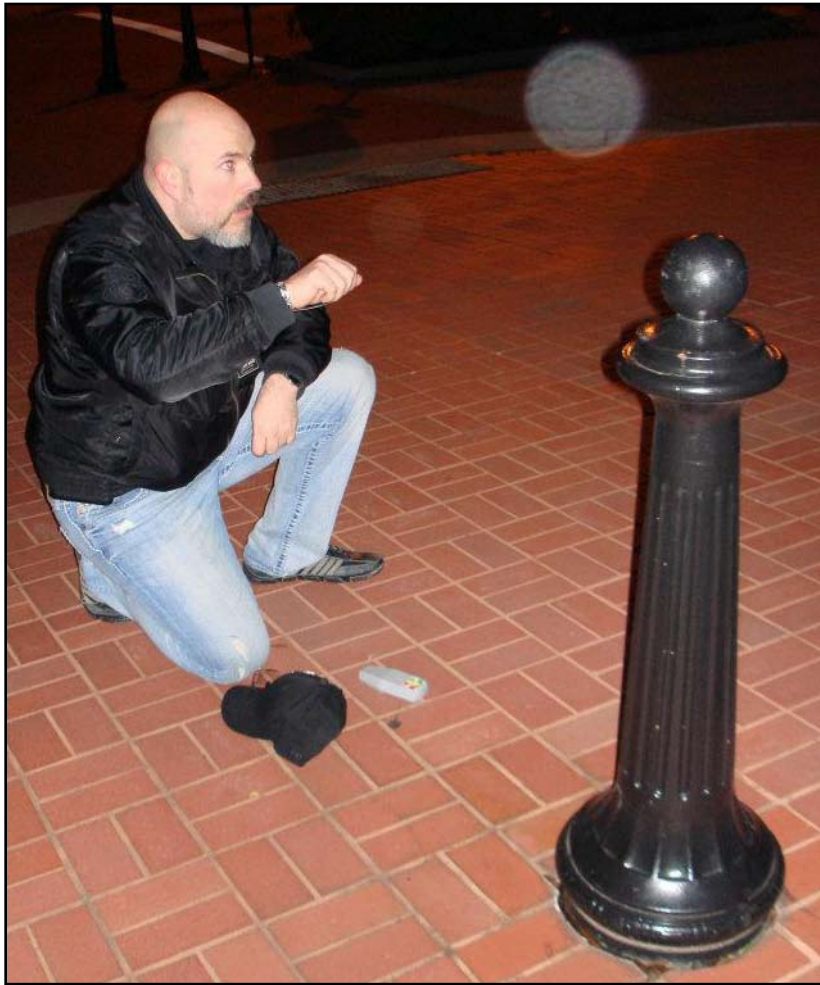
So, my general response to this question is that I respect all investigators out there who investigate in a professional and respectful way, which in my opinion is to truly connect with the spirits versus trying to get a response any way they can, including antagonization.

Q: What are the most compelling sites you've investigated?

J-Adam: I am a huge Knoxville fan. This could be due to my extensive research and also the fact that my investigation locals are "virginal" and have not experienced the toxicity that some of the famous haunted sites have experienced over the years. We have literally offered hundreds of investigations over the years and have provided the opportunity for thousands of guests to investigate for themselves.

Q: How did you get the nickname "The Paranormal Historian"?

J-Adam: Ha-ha, yes my stage name. This name came from the work I did in Knoxville and the national attention I received from my work. I never liked people calling



Pictured above, an orb moves away from J-Adam during a tour in downtown Knoxville, Tennessee. As soon as J-Adam felt the crossing happen, a tour guest took this picture, which shows the spirit ascending.

me a “ghost hunter” so I would generally correct them by saying, “if I am anything, I am a paranormal historian.” This turned a lot of heads.

What does a paranormal historian do? My response would be this: I let the history guide me. During my explorations, if there are arcane factors in that history, there would be a reason for me to suspect that the location could be haunted. This created opportunities for me to connect with skeptics and believers when investigating, therefore a higher level of mutual respect is achieved from all involved.

Q: You describe yourself as a holistic energy therapist and medical intuitive. What does that mean?

J-Adam: The best way to approach this question is look at each word individually. The term holistic refers to approaching concerns in an alternative means, typically one that is less obtrusive and more natural. An energy therapist is trained to use their life-force energy to assist the

healing of clients. Many people have the gift of energy therapy or healing, and every person can offer energy healing to a degree.

The most popular form of energy healing is a hug. Yes, a simple hug transfers loving energy from one person to the other, and we all have experienced the significant effect of a simple hug. An energy healing practitioner will be more attuned to handle a higher degree of energy that enters through the crown chakra at the top of a person’s head. Then, as practitioners and therapists, we become an instrument, allowing ourselves to be guided and utilized by a greater universal force. I am also a reiki practitioner with a second degree certification.

A medical intuitive is actually fascinating. Once I gained a much better communication with my guides and angels, I started receiving knowledge about my clients, which helped me with gauging where they needed healing. I consider this ability to be a bit of a miracle and will never try to convince another person that what I am getting can be scientifically quantified. What I found myself doing in the past was actually knowing where to focus on my clients before they even shared their problems. I would see in my mind’s eye the locations where clients had troubles and wounds.

The most significant experience was when I was called from another state and was given a picture of a child. The mother wanted me to diagnose over the phone. I ended up sharing what I saw, and it was absolutely spot on.

It seems like every aspect of my day-to-day work has some form of fringe or paranormal, and I am OK with that.

Q: Tell us about the documentary *Historic Hauntings: A Paranormal Study of Ramsey House*.

J-Adam: I was honored to be asked to investigate a very old home in the Knoxville area that dated back to the late 1700s. At that time I was working with a dear friend who owned a video production company. I brought to the attention of the facility and the board of directors that I would like to do more than just investigate this historic landmark, but also create a video that could help bring more visitors to the house.

Both Patrick Watson of Mapletree Studios and I agreed to video the investigation and offered the location a large discount for the production work and even a fundraiser for the landmark to recoup any and all mon-

ies invested. The video was a huge success. It competed on an International level and came back a Bronze Winner of a Telly Award, as well as being featured locally on PBS. The rights of the video remain with the Historic Ramsey House, and they choose if and when the video is distributed.

It was an absolutely amazing investigation, and we ended up collecting some very fascinating evidence that included trigger devices being intelligently interacted with and multiple Electronic Voice Phenomena (EVP).

The most significant EVP was the one with a child spirit named William. William died when he was eight years old in the house in the early 1800s. A question was asked: "How old are you?" The production microphone did not pick up a response, but the digital recorder that was laid on the chair had a response of "eight." I suggested my investigator ask that question because William died when he was eight years and five days old. I knew that it would be a question that a child would want to respond to. And he did!

Q: You founded Haunted Knoxville Ghost Tours in 2010. What does the tour feature?

J-Adam: I wanted to create a business that was different than any other business at that time. I wanted to create an adventure. So, I designed one of America's first investigation-based ghost tours in a city where paranormal was only talked about in hushed tones. I brought my passions together: history, science, and hands-on. Participants get to learn and experience what is like to be a real investigator. They get to use the equipment, receive training, and experience Knoxville's secret and traumatic past.

One of the things I am most proud about is that we pride ourselves with offering a platform for the skeptics and believers alike. My goal is not to convert skeptics into believers, but give everyone the opportunity to make up their own minds while experiencing the sometimes-shocking evidence captured. It is fun, however, seeing the skeptics share how their skepticism has changed after the experiences they have had during our events.

Q: Our readers may have seen you on the Travel Channel show *Paranormal Paparazzi*. What was it like participating in the show?

J-Adam: It was truly an honor being asked to participate on the show. The show coined me as a "paranormal expert" and wanted my input on the case file of

Thom Reed's UFO encounter. When Thom presented me with all his evidence, documentation, and testimony, I was absolutely convinced. This experience really happened. And, you can see how animated I was on the episode.

Since the airing of the show, Thom has had extensive coverage on Discovery Channel, Science Channel, and

Travel Channel. He has an exhibit at Roswell Museum and has a very full schedule at UFO conventions around the world. I have been asked to participate as an actor in his upcoming

movie called *Inducted*, which is currently in production. Because of my extensive knowledge as a historian, he asked me to play the role of the historian.

Thom and myself have remained friends over the years, and I look forward to seeing how his film comes together.

Q: Talk about common misconceptions about the paranormal field that you've encountered?

J-Adam: 1. Ghosts and spirits are not as scary as the TV perceives them to be. Everyone experiences fringe and paranormal the same way for the most part. It is frightening at first to have an encounter. But once you gain your composure, you find that they either have some form of unfinished business or are seeking attention.

2. Activity is never black or white. I tend to make a joke with people asking them, "What is the difference between a ghost and a cloaked interdimensional (extraterrestrial)? Absolutely nothing ... they are both invisible to the naked eye." As an investigator, my best suggestions when investigating are to keep an open mind, take good notes, and ask as many questions as you can.

3. Respect! Respect! Respect! When investigating historically old locals, make sure to raise your respect level to the highest level to engage with the spirits in the facility. They will respond to humans differently than someone would today. If you understand human psychology as it pertains to different historic times, you will get much more evidence. Plus, it makes you a better investigator.

Q: What words of wisdom would you offer beginner paranormal investigators?

J-Adam: To all the novice and beginner investigators: Congrats! You have a huge advantage in investigating. Choose your team wisely. Do not participate in the drama (known as "paradrama") associated with some investigative teams.



“Through much training and trial and error, I discovered that I could gain control of my surroundings by use of very old, spiritual wisdom from traditions all around the world.”

— J-Adam Smith

Understand the hidden dangers associated in investigating, and make sure to be prepared. Do not investigate under the influence, and be aware of your emotions before, during, and after investigations, because some spirits can be vampiric and connect with low vibrations that investigators bring in with them. Choose to work with groups that investigate safely and respectfully.

If you find a group that is negative, rude, and treat spirits poorly, politely remove yourself from that group and keep searching for groups that, as I call it, “Investigate in the Light.” Please don’t confuse this with investigating with the lights on! Investigating in the Light means that those in the group are most likely Lightworkers and approach life and investigating in a peaceful, non-obtrusive way.

Q: What would our readers be surprised to find out about you?

J-Adam: One of things people find highly surprising about

the work I do is that I’m a paranormal investigator who also offers spiritual mentorship and energy healing. The TV shows do not represent all investigators in the field.

While having my initial encounters, which opened my eyes greatly, I found that there must be more to all of this. I found that sometimes within my journey into the unknown I encountered spiritual/paranormal entities that at times were aggressive, and that left me feeling victimized. Through much training and trial and error, I discovered that I could gain control of my surroundings by use of very old, spiritual wisdom from traditions all around the world.

We are not the only culture that has experienced spiritual and/or paranormal encounters. These traditions teach us of methods for protection, clearing, and dealing with dark entities. I was finally able to break the patterns of victimization within myself, and I currently enjoy sharing those techniques to help others who are also feeling victimized. If you feel that you live in a home that is haunted and it feels as though you are not welcome, there are steps that can be taken to gain control of your home.

I offer real-estate consultations, teach about property grid work, assist clients that may be drawing dark energies (these are those clients who have paranormal encounters at all the homes they have lived), and teach faith-driven approaches.

Q: Where can readers find you online?

J-Adam: My personal Website, www.jadamsmith.net, offers a little more detail into my work and opportunities to watch or listen to past interviews.

If you are up for an adventure and you are heading to Knoxville, Tennessee, I encourage you to join one or all of my different events (visit www.hauntedknoxville.net). These events are great for all people new to the paranormal because you get the opportunity to work with many different types of equipment and will learn my techniques and approaches to this work. Even experienced investigators will absolutely love the history and be welcomed eagerly into exploring locations that are still relatively undiscovered.

If you are seeking mentorship, visit www.knoxhealing.com and schedule a consultation with me. I very much enjoy sharing my methods to spiritual awakening, holistic healing, and methods to spiritual combat.

* * * * *

You can visit J-Adam Smith on social media at <https://www.facebook.com/TheKnoxghost/>, <https://twitter.com/knoxghost>, and <https://www.youtube.com/user/theknoxghost>. ♦

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Children and Paranormal Investigation

By Nicole Strickland, Paranormal Researcher, Author, and Lecturer

Paranormal research is an ever-evolving field with newly developed theories, tested methodologies, technological developments, and further understanding of what constitutes life after death. The interest in this field is not limited to the adult population; we are seeing an influx of children of all ages becoming interested in ghosts, spirits, hauntings, and the afterlife. This is important not only for the future of supernatural research, but for how our future generations examine and study the field at large.

The lingering question is how we go about educating our youth as many aspects of the paranormal are not considered age appropriate. There are various debates among today's paranormal researchers on whether we should even attempt to educate young children on ghosts, spirits, and hauntings. In my opinion, I don't recommend investigative practice until a child reaches 18 years old unless it is during an adult-monitored educational course.

However, I do think it's useful to educate boys and girls about general paranormal research practices, classifications of ghosts and hauntings, spiritual protection, etc., especially if that particular child expresses a substantially consistent interest in the realm. Furthermore, this is especially imperative for those with innately intrinsic psychic/empathic abilities as they move through life with the capacity to communicate with the dearly departed.

It's how we construct and go about educating that truly matters, as successful teaching methods will positively reach our future paranormal investigators. There are many supernatural researchers, including myself, who offer age-friendly classes for kids who want to learn more about what goes bump in the night. One such course is taught by Oregon Ghost Conference President Rocky Smith and Aaron Collins, lead investigator of NW Paranormal Investigative Team based out of the Portland, Or-



gon area. One of the purposes of their class is to educate kids about the paranormal, including various tools of the trade utilized in research practices.

Aaron actually shows his young course attendees how to properly use various gadgets and provides them hands-on training. After that, both Rocky and Aaron take the children to a certain conference location known to have spiritual activity and assist them in conducting an investigation. Of course, they invite parents to come along too.

"Sometimes, we actually make contact with spirits with our equipment, and the kids get very excited along with their parents," Aaron said. "Children are more susceptible to seeing and experiencing spirit activity than adults at times, as their minds are pure and untainted."

If I may personally elaborate, kids lack the heavy ego that often pollutes the field of supernatural research.

After the investigation is completed, the children re-

group back in the classroom to discuss their findings and past experiences. Aaron and Rocky have found that even the boys and girls who are very shy tend to open up and share their past encounters with the paranormal.

One of the take-away points of their popular course is to warn kids to never conduct an investigation on their own and always have a well-trained investigator on hand. The feedback from the children and parents has been phenomenal, and Aaron and Rocky continue to offer this class each year.

“If I can help just one child, then I feel that I have done my job,” Aaron said.

Understanding a Child’s Cognitive and Psychosocial Development

Some boys and girls have an innate interest in the afterlife from birth, whereas others develop a fascination later in life. Some of our youth are born with inherent intuitive abilities often classifying them among the Crystal, Indigo, or Rainbow children, which you will read about in later paragraphs.

Of course, an understanding of overall child cognitive and psychosocial development is crucial in order to successfully support a child’s overall interest in the supernatural. Adequately fostering children’s growth through these stages is not only beneficial for social, emotional, and intellectual development, but for the spiritual maturity of each child as he or she moves through life.

Colleges and universities educate about both Jean Piaget’s theories of child cognitive development and Erik Erikson’s beliefs regarding the psychological development

Understanding of overall child cognitive and psychosocial development is crucial in order to successfully support a child’s overall interest in the supernatural.

of human beings. If boys and girls successfully graduate through each stage, they will be more prepared to face and seamlessly transition through the others.

Let’s delve deeper into these phases and examine how a child might perceive, understand, and/or react to paranormal and spirit phenomena. Note that it is imperative that adults understand the learning implications of these phases so they can be better adept at nurturing a child’s growth through them. In other words, success or failure at each stage will directly affect the next. With healthy developments in intellectual, social, emotional, and spiritual growth, a child will, of course, be more grounded when working with ethereal energy.



Jean Piaget’s Stages of Cognitive Development

1. Sensorimotor Stage (0–2 years): During this phase, infants primarily focus on what is immediately in front of them. They concentrate on what they are visually seeing and interacting with. Object permanence develops around seven to nine months, which is a sure sign of memory growth. This can positively affect their ability to experience psychical/spiritual phenomena, as the experiences can be stored in their brain, which further affects how they will perceive these encounters at later developmental stages.

2. Preoperational Stage (toddler–7 years): During this stage, children further develop language, memory, and imagination. While they can’t yet differentiate between cause and effect, they will perceive fantasy as real. Therefore, in their minds, any perception of paranormal events will be real. Proper fostering of grammar will enable kids to better express the world around them. Natural intuition is strong and based on thinking, so children in this phase may not be able to logically explain ghostly experiences.

3. Concrete Operational Stage (7–11 years): During this phase, children develop concrete, logical thinking with the ability to distinguish between reality and fantasy; thus, boys and girls can initiate understanding of paranormal events. Kids develop their understanding of the external environment and can comprehend that one’s own thoughts and feelings may differ from that of others. Additionally, they can start to examine their past ghostly experiences from a cause and effect standpoint.



4. Formal Operational Stage (11 years plus): Children can now start to think abstractly and form hypotheses; they can examine their surrounding environment in hypothetical ways. In regards to paranormal research, they can postulate new theories and attempt to test existing ones. Furthermore, children can initiate their own individual studies of the paranormal realm with the ability to comprehend various concepts.

Erik Erikson's Stages of Psychosocial Development

1. Trust vs. Mistrust (0–1.5 years): When parental guardians provide reliable and trusting care, babies will start to have trust in their caregivers. Conversely, if they don't receive adequate care and affection, they will learn to mistrust others and their environment. This will result in self-concept and self-esteem issues down the road. In order to function and succeed in today's society, a person should feel confident in his or her abilities.

2. Autonomy vs. Shame and Doubt (1.5–3 years): With the development of new skills and abilities, children start to acquire a sense of autonomy and independence. If they are encouraged to develop these traits, boys and girls will become more confident and secure in contributing to society as older children and adults.

3. Initiative vs. Guilt (3–5 years): During this stage, children foster their interpersonal skills. If they are supported in their attempts to lead and make decisions, boys

and girls will become more confident to do so as an adult. Conversely, if adults do not support a child's initiative during these years, he or she will develop guilt and a lack of resourcefulness.

4. Industry vs. Inferiority (5–12 years): Children start to feel proud of their accomplishments. He or she desires to win approval by showcasing certain competencies valued by society. If boys and girls aren't supported during this phase, they will doubt their abilities, lack confidence to achieve goals, and therefore not reach their full potential during adulthood.

5. Identity vs. Role Confusion (12–18 years): An adolescent stage of development, teens foster a sense of self, personal beliefs, values and goals, the learning of roles they may participate in as adults, committing one's self to others, and accepting others for their own individual beliefs. Without exploration of possibilities, teens will not learn how to fit in with society.

6. Intimacy vs. Isolation (18–40 years): Adults at this phase want to have a sense of commitment, care, and happiness in a relationship. Avoiding this can lead to despair, isolation, and depression. In regards to paranormal research, a person has to be mentally, emotionally, and spiritually stable. Significant depression can cause an individual to be more vulnerable to the spiritual realm and even lower-level entities.

7. Generativity vs. Stagnation (40–65 years): Adults start to develop their sense of self in the big picture (ca-

reer, family, etc.) and give back by contributing to society. By failing to do this, people can feel stagnate and unproductive. Studying the supernatural realm, as with other fields, is a way to learn more about our world and galaxies beyond by contributing to society.

8. Ego Integrity vs. Despair (65 years plus): This is a recollective phase as adults look back on their lives and contributions or lack thereof to society. Despair and hopelessness may occur if they don't feel like they have led a successful life. The goal is to have a sense of closure and completeness and accept death without fear. People at this stage may even start to become more interested in the paranormal as they contemplate their own mortality.

The takeaway point for each of Piaget and Erikson's stages is that development or lack thereof at each stage directly affects the next. Thus, there should be successful growth at each phase in order to fully develop one's own cognitive, emotional, social, and spiritual growth.

An Increasing Interest in Paranormal Phenomena Within Children

Perhaps, by a cosmic shift, there is an ever-increasing interest in the study of paranormal phenomena in today's world; as we know, this interest is not just limited to the adult population. Children and teens are showcasing a desire to learn more about the supernatural realm and what constitutes life after death. Both adults and children are now made more aware of ghosts, spirits, and hauntings, whether it's due to mainstream media's focus, talk amongst peers, or an innate interest.

Parents of intuitive and psychically inclined children should aptly learn about the innate traits of Crystal, Indigo, and Rainbow children.

In regards to our youth, parents should be made aware of the key signs that their child is communicating with the spirit realm. Some of the prevailing indications include:

- Withdrawal from family and peers
- Changes in academics and activities
- Sleep disturbances, lucid dreaming, and not wanting to sleep in a certain room
- Drawing unusual or unique pictures of people
- Preoccupation with spending time alone
- Sudden change of routine or wanting to go out at night with friends
- Sudden fear of a location
- Talking or gesturing with unseen forces
- Recalling information from deceased relatives or friends
- Big interest in studying the paranormal



- Extreme perception or sensitivity; signs of psychic ability

- Frequent illness or diagnosis of depression or anxiety

As parents, it is important to keep a positive attitude by maintaining an open and healthy dialogue with your children in regards to their interest in or possible encounters with the other side. Provide a safe place when having a discussion, and try not to lead the child; in other words, let him or her naturally talk and describe what he or she is experiencing. Never ridicule a child for his or her interest in the paranormal, and do not make he or she feel inferior or weird because of his or her encounters.

The Signs of a Psychically Gifted Child

Parents of intuitive and psychically inclined children should aptly learn about the innate traits of Crystal, Indigo, and Rainbow children. Sadly, it is often that these types of kids are mislabeled and diagnosed with mental disabilities or emotional disturbances. For this very reason, teachers and support staff should be educated on these psychic traits and how they can look similar to or replicate a medical diagnosis, such as attention deficit disorder or autism.

When psychically inclined children are put in a situation where they either don't understand their natural gifts and/or can't healthfully express them, they often act out in various ways, thus causing a parent or teacher to assume something is "wrong." What's sad in this case is that a child's gifts are labeled as negative due to complete misunderstanding when all along they should be looked at as innately beautiful.



Nancy Ann Tappe is widely known for her studies of Indigo children. After 1980, she found that 80% of children were born with indigo-colored eyes, similar to the third eye chakra responsible for regulating clairvoyance or the ability to see ghosts and spirits. Kids with Indigo traits are often labeled as aggressive, hyperactive, possessing the “warrior persona” with the intent to break down old systems and bring restorative integrity to the world.

Boys and girls in this category are extremely perceptive, telepathic, and have natural leadership abilities. They have both right and left brain alignment with sensitivity and psychic aptitudes. They are often categorized as “old souls,” as they possess wisdom beyond their years. Sadly, these boys and girls are often diagnosed with ADD, ADHD, emotional disturbance, oppositional defiant disorder, or even autism. In fact, to combat this, Nancy came up with the term “awe-tistic” and ADHD acronym “Attention Dialed into a Higher Dimension.”

Blue-Ray children are the forerunners of the crystal kids. They usually evolve very early and are often seen teaching other youths at a very young age. With extreme telekinetic powers, they are quite aware of their mission on Earth. Some of their traits include stubbornness, a unique love of language

and travel, and vivid imagination and dreaming. Determined souls, these boys and girls are exceptionally drawn to water and have a thriving love for animals.

The Crystal kids are the newest generation of Rainbow children who are typically labeled as having autism and don’t communicate with the outer world according to society’s standards. But, communicate they do, just not according to what society deems “appropriate.” They are often labeled as having speech disturbances and delays, lack of physical abilities, and hypersensitivity to their surroundings. These children are known for their natural healing qualities, clairsentience (empathy) skills, and compassion, who prefer to communicate via music, sound, and/or sign language.

In a world of their own, these boys and girls are too often labeled as having autism. In my opinion, autistic traits should never be regarded as being weird or unusual; rather, with proper understanding of Crystal children, people will start to realize that these boys and girls offer something quite beautiful to the world. Once educational systems and parental guardians start to realize that autism is a cosmic gift, only then will these children be allowed to develop, flourish, and successfully complete their mission.

Savant syndrome is a rare and extraordinary condition where people who are deemed to have mental or physical disabilities can showcase a certain level of genius in particular areas. Linked to having a massive memory, approximately 10% of autistic-labeled children have this astonishing gift.

Kim Peek is, perhaps, America’s most famous savant. The movie *Rainman* is based off Peek, which highlights his extreme memory capacity. At the ripe age of just 16 months old, he started memorizing various books and vast amounts of information relating to history, literature, geography, statistics, etc. With the rare aptitude of being able to recall almost every detail he read, Peek was born with macrocephaly, or a condition with an abnormally enlarged head, cerebellum damage, and agenesis of the corpus callosum (or the absence of the nerve bundle that connects the two brain hemispheres).

How to Help Children Who Are Interested in Spirituality or Psychically Gifted

Adults should develop awareness of various psychic abilities, such as clairvoyance, clairsentience, and clairsentience, among others, as they will be better adept at recognizing these gifts in their children. Perhaps, find a local, reputable support group for other kids who possess intuitive abilities. Is there a well-respected paranormal investigation group that offers education for children? Some schools are even offering “paranormal clubs” for those who are interested in the supernatural. As always,

boys and girls should be positively encouraged to grow their instinctive abilities and not be chastised for possessing their unique skills.

At a young age, boys and girls should be taught how to get in touch with their feelings and spiritual self through energy work, reiki, or chakra cleansing. Just as with adults, they should learn about spiritual protection, meditation, grounding, and centering techniques.

When studying the paranormal, kids can learn about the classifications of ethereal entities and hauntings. They can befriend others or find a trusted mentor who possesses similar intuitive skills, as this will naturally enable awareness and self-acceptance of their abilities. As always, it's imperative that the child's environment is conducive to their unique aptitudes — restful sleep, proper nutrition, elimination of toxins and/or added stress, etc. Remember that children can learn to understand, cope, and utilize their gifts.

Investigating Cases Involving Children

After reading all of this, it may come as no surprise to you that many paranormal research teams are seeing an influx of cases involving children. These cases may entail an active private residence where children are experiencing anomalies, or they may be about educating parents and children about psychic gifts and how to recognize, cope, and utilize them. Either way, there are various tips and suggestions for handling cases concerning youth.

Here are some questions investigators can ask when taking on any such situation:

- Is the child's experience innate or learned?

Learned meaning that the child has heard parental guardians or other adults talking with each other about their odd encounters.

- Is the experience stemming from the child's personal or external environment or another area of the home? If it is a child's bedroom or playroom, first examine the space to determine if something natural to the location is causing concern. Do events happen only at night? Perhaps, it's a case of "monster-under-the-bed" or fear of the dark. If a child is having experiences only outside of the home, perhaps there may be some form of anxiety or fear of school or social situations. Or, perhaps, the external location may be paranormally active.

- Are the child's encounters backed up and supported by other witnesses? If so, this may suggest an authentic haunting of some sort.

- Are there any biological factors causing a child's

experiences (such as medications, change of routines, changes in environment, stress, sleep disorders, puberty, excessive stimulation prior to bedtime, etc.)? If so, first rule any one of these out as the cause prior to deeming a child's encounters as paranormal.

- Children need daily routines, and if any one of their routines is altered, it may cause significant stress, perhaps, making them more vulnerable to anxiety and heightened imaginations.

Again, never judge or ridicule a child for his or her alleged paranormal encounters and/or psychic skills. With parental verbal and written consent, an investigator can interview a child regarding his or her experiences. If a very young boy or girl is involved, picture drawing may be the most beneficial. Once the picture is completed, you can ask the child questions about it, making sure to focus

on the "what, when and where," not necessarily the "why and how," as younger children won't be able to understand.

If you are dealing with a teenager, you can sit them down and interview them. Make sure to establish a safe and honest place for them so they can feel comfortable in openly sharing their experiences.

In closing, there are various ways we can help psychically inclined children to reach their full potential. Let's start by getting rid of societal and/or medical labels. Start realizing that these kids are exhibiting a brand new communication and social structure. We should stop automatically medicating these children without examining their specific circumstances first, as it will only stagnate their intuitive growth and understanding.

Remember that in some instances, pharmaceutical treatments are more for an adult's convenience, not necessarily for the child's, especially when it concerns the fostering of spiritual growth. Children need to be taught how to successfully channel and utilize their amazing gifts, not be ostracized for them. We need to learn how to accommodate our newer generations and the natural evolution of human species.

Remember that these groups of psychically inclined youth are here to spread peace, honesty, and integrity throughout the world. Once we allow them to do so, we will undoubtedly see more infiltrated love, increased humility, cures for diseases, dissolution of animal extinction, and world peace.

IMPORTANT: Always seek professional medical advice for any mental or physical health concerns you have about your children. ♦

At a young age, boys and girls should be taught how to get in touch with their feelings and spiritual self.

America's Most Haunted HOSPITALS AND ASYLUMS

By The Lineup

Your annual check-up at the doctor's office doesn't usually include paranormal activity. But these haunted hospitals and asylums aren't your average wellness centers. They all have dark and sad pasts, and their rooms still contain the ghosts of patients who died within those walls.

The Spanish Military Hospital (St. Augustine, Florida)

The Spanish Military Hospital served as a medical facility from 1784 to 1821 and is now a haunted museum dedicated to freaking out anyone who dares to enter. Though the museum isn't the original labyrinthine structure that sheltered the injured, it is located atop the same scared Indian burial site — meaning there are plenty of restless souls still wandering the grounds.

Guests have reported odd encounters, including seeing apparitions and objects moving by themselves, and, scariest of all, something grabbing at their ankles as they walk through the site.

Pennhurst Asylum (Spring City, Pennsylvania)

Built in 1908 as a school/hospital for the physically handicapped and the mentally insane, Pennhurst Asylum was a small city in and of itself. With a population of more than 10,000 patients at any given time, the asylum is also the location of abuse, torture, and even murder at the hands of its staff.

In 1968, NBC released a feature, titled "Suffer the Little Children," showcasing the dehumanization patients underwent at the asylum. That broadcast and the repeated allegations of the staff's abuse of their patients finally led to Pennhurst's closing in 1986, though its in-



Visitors at the Spanish Military Hospital Museum in St. Augustine, Florida, have seen ghostly apparitions. (Photo by Leonard J. DeFrancisci via Wikimedia.org)

nards, equipment, and patients' belongings were just left abandoned.

Today, it's the site of a haunted attraction where you should go if hearing disembodied voices brings you comfort and joy.

Athens Mental Hospital (Athens, Ohio)

From 1874 to 1993, Athens Mental Hospital, now known as The Ridges, earned a dark reputation for its



Waverly Hills Sanatorium was originally constructed as a tuberculosis hospital in 1909. During the hospital's time of operation, rumors of patient mistreatment, suspicious human experimentation, and the staff's use of the "body chute" ran wild.
(Photo by Chad Wilson)

frequent lobotomies, housing of violent criminals, and its grounds, which served as the final resting place for more than 1,900 of its patients — their headstones marked with not a name, but only a number.

Creepier still, a woman named Margaret Schilling reportedly disappeared in 1978 inside the hospital's maze of wards. Her naked body was found a year later in an abandoned wing of the hospital — her clothes folded neatly by her side. Today, you can still see the stain left behind by her decaying body and possibly her ghost on the top floor in ward No. 20.

Taunton State Hospital (Taunton, Massachusetts)

Shut down and left to its not-so-merry ghosts in 1975, Taunton State Hospital was a product of the Kirkbride Plan, a massive 154-acre architectural approach that masked the deteriorating patients housed within its walls. While most of Taunton has since been demolished, its history is just too creepy to leave off the list.

The hospital opened its door to some dangerous patients — including Jane Toppan, a serial-killing nurse with at least 31 souls on her list — though it's the stories about staff that truly chill the spine. Legend has it doctors would shuffle patients down to the basement for a bit of satanic ritual. Later, reports of a "shadow man," a ghost who crawls along the walls and watches patients, swirled.

Rolling Hills Asylum (East Bethany, New York)

Formerly the Genesee County Poor House, the Rolling Hills Asylum has gone from an orphanage to nursing home and tuberculosis treatment center, housing alcoholics, the handicapped, the widowed, and the abandoned. The site's death toll is rumored to clock in at around 1,700. And that's not counting the hundreds supposedly buried in unmarked graves across the grounds.

One particular paranormal hotspot within this brick-and-mortar asylum: the Shadow Hallway, named for the abundance of dark figures that play peek-a-boo in its path. Keep an eye out, and your head up, for the ghost of Roy Crouse, a former patient who died at RHA at age 52 and stood almost seven-and-a-half feet tall.

Waverly Hills Sanatorium (Louisville, Kentucky)

Originally constructed as a tuberculosis hospital in 1909, the Waverly Hills Sanatorium is awash with mystery and paranormal activity. And though it's seen its share of death from disease — thousands reportedly died at the location — it's actually the living who ignite the heebie-jeebies.

During the hospital's time of operation, rumors of patient mistreatment, human experimentation, and the staff's use of the "body chute" ran wild. Also known as "the death tunnel," the body chute is the underground chamber where bodies were piled up before being carted away and cremated.



Trans Allegheny Lunatic Asylum in Weston, West Virginia, is home to the sounds of squeaking gurneys, screams from the electroshock room, and sightings of a ghost boy. A former manager stated that she witnessed 40 doors slam shut simultaneously. (Photo by Tim Kiser via Wikimedia.org)

Should you dare visit, stay away from room 502 ... unless spotting ghosts of nurses who have hanged themselves is your thing. Looking for something more festive? Drive down for the holiday laser light show and have yourself a creepy little Christmas.

Trans Allegheny Lunatic Asylum (Weston, West Virginia)

A Kirkbride psychiatric hospital, this facility was operated from 1864 until 1994 by the state of West Virginia. Completed by 1881 with the designs of architect Richard Andrews, the hospital had a capacity of 250 patients. By the 1950s, it had become overcrowded with more than 2,400 patients. Due to bizarre experimental treatments and severe neglect, thousands of patients died in the facility. There was no adequate procedure for admitting patients, creating a broad spectrum of mismatched patients with disastrous consequences.

Two decades after the asylum closed, the staff that used to work there made various claims. According to some, ghosts roam the halls followed by the whispers of forgotten patients. Others have reported unusual smells, sounds of squeaking gurneys, and screams from the electroshock room. A former manager stated that she witnessed 40 doors slam shut simultaneously. Many visitors have noticed the ghost of a little boy standing in the corner of a room.

Eastern State Penitentiary (Philadelphia, Pennsylvania)

The looming high stone walls inside the castle-like Eastern State Penitentiary hold some of the most haunting secrets. The prison took solitary confinement to new heights: Prisoners lived alone, exercised alone, and ate alone. Throughout the years, the prison only harshened its punishments; one form of punishment involved an inmate's hand being tied at the back and then strapped to an iron collar in the mouth, so any movement would cause the tongue to tear.

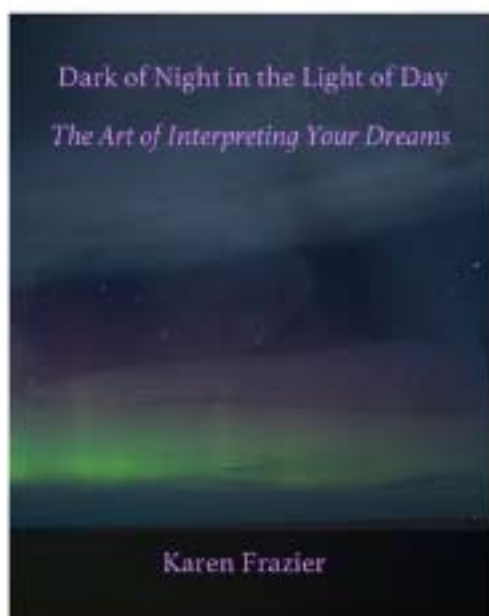
The prison is actually considered one of the most haunted places in the United States. There are reports of echoing voices and shadowy figures in cell blocks. Many people have witnessed a silhouette of a guard in one of the towers followed by footsteps, wails, and whispers.

Need more convincing? Back in the 1990s, Gary Johnson, a maintenance worker, shared about his encounter with the paranormal. Johnson stated that when he unlocked Cellblock 4, a force gripped him tightly, causing him to become paralyzed. Tormented faces appeared in the cell block, with one in particular repeatedly beckoning him. With more than a 142-year history filled with suicide, madness, disease, and murder, it's no wonder troubled souls still roam about this striking location. ♦

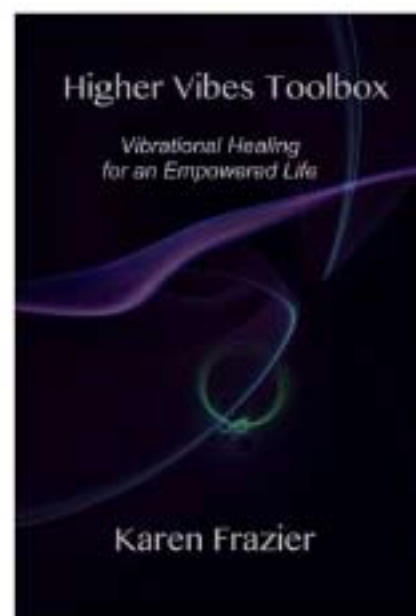
New from *Paranormal Underground* columnist

Karen Frazier

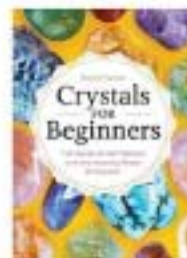
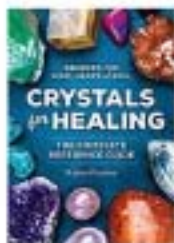
Unlock the power of your dreams



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Also by Karen



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The Horrific Truth About ALIEN VAMPIRES & THEIR LUST FOR BLOOD

By Sean Casteel, Spectral Vision

Why did the gods of old demand blood sacrifices? Of what use to them was the spilled blood of the innocent? And if we examine the more modern state of affairs in ufology and the paranormal, specifically with regard to the chupacabras/“goat sucker” invasion that took place in the 1990s in Mexico, Puerto Rico, and South America, can we truthfully say that this lust for blood on the part of the ultraterrestrials has ever ceased?

These are some of the many questions asked in Inner Light/Global Communications *Alien Blood Lust: Are There Vampires In Space?* Once again, publisher, editor, and author Timothy Green Beckley takes aim at the warm and fuzzy approach to the aliens and makes his case for a negative, even monstrous, interpretation.

The book opens with Beckley’s characteristic frankness: “Blood is to some ultraterrestrials what water is to mankind. The flesh and blood of humans — and animals, for that matter, when nothing ‘more upscale’ makes itself available — could be the snack of the gods. Is there a rationale for such a bizarre statement?”

“I would say so,” Beckley continued, “and it is a concept that is after all supported by the evidence presented by our primary author, Scott Corrales, as well as our team of seasoned researchers, in what is certain to be a provocative volume.

“Blood may be necessary for at least some ultraterrestrials to drink or ingest through transfusion in order for them to survive while ‘adrift’ in our physical world,” Beckley added. “They may be trespassers from a parallel dimension or alternative universe where blood in its various forms has become a requisite to survival while ‘stationed’ here, in effect making them Vampires from Space.”



Some Case Histories of Alien Blood Lust

As reported by Beckley, on the night of March 5, 1967, two workers in the local Red Cross Bloodmobile in Point Pleasant, West Virginia, were chased by something strange in the sky. Their van was loaded with fresh blood, and despite the fact that they were speeding to get to the hospital with their supply of human plasma, a UFO kept pace and lowered two claw-like projections on either side of their emergency vehicle as if to capture it in its prongs and lift the bloodmobile into the night sky.

On Long Island, New York, a well-respected talk show host was taken to a large “meeting hall” that fronted for the secret headquarters of a strange group of alien “androids” who called themselves The Council of Ten Men.



Pictured at left: Researcher Dr. Daniel Rebisso Giese authored the book *Extraterrestrial Vampires in the Amazon*. Pictured above, a bloodmobile was chased by a UFO in Point Pleasant, West Virginia.

"In the recesses of the building was a hidden laboratory in which what appeared to be several corpses were laid out on examination tables. Next to the 'corpses' were rows of test tubes and bottles filled with blood," the talk show host recounted. "Each bottle was labeled with names, such as 'CHARLES' and 'SUSAN.' The Ten handled some of the bottles and sampled their contents orally and without facial expressions."

The whole scene sickened the witness, and she was greatly disturbed by the experience.

The Blood Suckers Almost Lay Waste a Whole Village

In a section of *Alien Blood Lust* devoted to the 1977 siege in a Brazilian island town called Colares, one reads the account of Dr. Daniel Rebisso Giese. Giese spent five years researching the wave that had locals claiming that not only had they seen terrifying lights in sky, they had also been attacked by a vampire-like creature they called a "chupa-chupa," which translates from the original Portuguese as "suck-suck."

In 1977, strange happenings began to cause unrest in several villages and settlements in Northern Brazil. Unknown lights and unknown creatures were roaming the skies over the Bay of Sao Marcos, in the State of Maranhao, spreading terror throughout the region known as the Lowland Belt.

The people of the backwoods — called Caboclos, the local word for half-breed Brazilian — believed that beings from another world were at large in the area, searching for

human blood. The victims were struck by a mysterious light that could penetrate anything and let none escape.

The situation was taken seriously by the Brazilian Air Force, which sent teams into the region and secretly documented everything. They heard the same testimony from hundreds of people, all of whom talked about a "vampire light" or "a luz chupa-chupa."

There are many testimonials in *Alien Blood Lust* of a dramatic nature that show the unparalleled horror the witnesses experienced, such as in the case of Ana Célia Oliveira, a teacher in Colares who was six years old at the time.

"I will never forget," she said. "People and animals were attacked. There was nothing to eat. We were terribly lacking in food. Nobody was fishing. People did not want to go outside to harvest.

"People and animals were attacked. Nobody was fishing. People did not want to go outside to harvest."

"Everyone was trying to move in large groups," she continued. "Nobody wanted to be alone. All Colares had stopped. At 6 p.m., it was dark and we went to bed. Groups as numerous as 50 or 60 women and children gathered in a

house. The men remained awake all night. They lit fires and tapped pots and pans to make noise to frighten and scare away UFOs. People started shooting in the sky to scare them away.

"We had just heard from our fathers and other men what was happening. We did not know why we went to other people's houses at night to sleep. At night, people saw many UFOs flying in formation.

"Once I heard a man shoot, and I ran to the door and opened it," Oliveira recalled, "and saw many UFOs in formation. And suddenly they went in all directions.



Story from the November 17, 1977, edition of the *O Liberal* newspaper showing victims of the “chupa-chupa” lights. The headline literally translates as “Light Phenomenon Makes the City Uneasy.”

The objects moved very fast. People started shooting in the sky to frighten them. One came over the village, just 15 meters high.”

The Nightmare Siege Begins

Giese’s book, *Extraterrestrial Vampires in the Amazon*, constitutes impressive evidence furnished by doctors, journalists, soldiers, and rural Caboclos all describing unbelievable facts that challenge the limits of our reality.

It was July 1977, a sunny day after the long, rainy season of winter, in the little Brazilian town of Viséu. Normally, the families would be seated outdoors in the evening, with the children running to and fro. But on this night strange lights were seen moving across the sky, lights of various colors, not ordinary lights or aircraft lights. These lights were completely silent. Some of the more religious-minded locals thought the lights were “signs of the end times.”

The next morning, people arriving from nearby villages had news of a powerful sort of light that, coming down from space, could paralyze you and “suck out” your blood and your energy.

These reports of the “vampire light” came to the ears of the man in charge of the local police post, Sergeant Sabino do Nascimento Costa, who considered them of no importance. The mayor of the town, Carlos Cardoso Santos, laughed and gave his verdict that it was all “just fantasy.” Even the priest, who was alarmed that his parishioners were talking about prayers to ward off the evil force, took the same view, calling the reports “the wild imagination of the rural folk. Nothing to it!”

However, the next day, there arrived in town a fisherman and his son. According to the son: “About 10 days ago, we were fishing near Ilha Nova. Suddenly, we saw a star moving. Its brightness was very strong, stronger than the rest of the stars, and it seemed to be flashing and it

came straight toward us. We remembered what we’d heard about the ‘chupa-chupa,’ so we paddled for the river bank and hid in the bushes. We just managed to escape being touched by the light. It was hanging a few meters above our boat and sweeping the whole area with a sort of searchlight, as though probing, seeking.”

In the end, the light or object flew off toward the farm of a neighbor.

Another local resident was not so lucky. A hunter was sitting quietly in the thick bushes, awaiting game. An animal appeared, but something in the sky threw down a beam of light onto the animal and made off with it. Meanwhile, the hunter himself could not escape the light, which he felt bearing

down on his body and sucking the strength out of him. He was sure he was going to die. The flying object was shaped like a cylinder, and he could hear voices coming from it, speaking in an unknown language. The object departed but left him powerless. He seemed to have absolutely no strength whatsoever and was hospitalized.

A cylindrical craft was also seen by a woman schoolteacher, who said it shone its beam down on her house. She reported the incident to the same scoffing police sergeant mentioned earlier. He felt that given such testimony from an educated woman, he could not simply ignore her report.

The Fear Spreads, and the Media Responds

“By now, nobody in the whole area was venturing out at night,” wrote Giese. “No children were playing out of doors, and fishermen were wary about putting out in their boats.” The phenomenon began spreading to nearby villages, and once again the local authorities there at first refused to believe the reports. “In due course, the wave of cases of ‘vampire lights’ over the region turned out to be the greatest ‘UFO wave’ ever recorded in the whole of Brazil,” Giese added.

He then quoted an area newspaper: “The appearance of an unidentified flying object in the skies over Pinheiro is producing suspense and panic among the population and has stimulated imaginations to such an extent that some are even saying that the object approaches people and then stuns them with a beam of light and extracts their blood. The presence of the craft has been established as certain. There is general terror throughout the region; folk fear to go outside at night because of rumors that when the UFO comes down near the ground, it emits an extremely hot, luminous beam that burns people’s skins.”

From the mass of reports at the time, it was evident that the UFO’s beam would first immobilize the victim.

Then the victim would feel intense heat and collapse, some fainting totally. In general, small rural settlements were mainly targeted, and the victims were single, isolated persons or small groups of people.

The panic continued into October-December of 1977, again with no one venturing forth alone at night “for fear of the blood-seeking ‘vampires.’” By that time, some of the rumors and popular theories had grown to be more fantastic than ever. It was even believed by some that the UFOs were part of a secret Japanese plan for contraband trafficking in human blood. There was, of course, the belief that the UFOs came from other planets, and there was the occasional unsubstantiated rumor that a ship had crashed in Northeast Brazil. But in all his years researching the area, Giese never found any proof for the crash-related rumors.

Local men began to band together into patrols at night equipped with firearms, as well as fireworks, to frighten off the intruders. With the 1977 Ceremony of the Procession of Our Lady of Nazareth, held the second Sunday in October in the city of Belem (the Portuguese form of the name Bethlehem), there came many folks from throughout the Amazon region to take part, bringing with them fresh stories about the chupa-chupa. Many of the stories were now perhaps a bit exaggerated, but people were talking about “vampires that came down sucking human blood, and especially from women’s breasts.”

As the tales ran like wildfire through Belem, women were growing hysterical; immediate action was needed. And the authorities indeed took action.

Instantly, the local newspapers, which up until then had been reporting very objectively everything about the sightings of the chupa-chupa and their victims, changed their tune overnight. While one newspaper had proclaimed in November that “The Interplanetary Vampire Only Likes Women,” the very next day that same paper ran the headline “The Chupa-Chupa Is Mere Fantasy.”

This section of *Alien Blood Lust* also includes Q&As with Giese and a psychiatrist named Dr. Wellaide Carvalho, who came to believe the strange stories told by the locals and refused to be cowed by the Brazilian military into calling the victims crazy. There is also an interview with a Brazilian military official named Colonel Uyrange Hollanda, who similarly would not discount some of the bizarre testimonies he heard while investigating the area where the suck-suck events had occurred. After publicly

stating his sympathy for the victims in A.J. Gevaerd’s *UFO Magazine*, Hollanda died from an apparent suicide, which many in ufology feel is, at the least, very suspicious.

The story of the 1977 chupacabras wave is a tale of intense bewilderment, frustration in not knowing what was going on, and, in some cases, a sense of complete panic. Over time, the chupa invasion faded away, but it left its horrifying scars, both physical and emotional, in its wake.

Down in the Trenches With the Chupacabras Phenomenon

All of the above is a mere prelude to the meat of the book and reprinting of the book *The Chupacabras Diaries* by well-known researcher Scott Corrales. *Alien Blood*

Lust also includes a sampling of other related material Corrales has written in the years since. This is a thorough and scholarly examination of the chupacabras phenomenon that wreaked havoc throughout the countryside in Mexico, Puerto Rico, and South America.

Corrales’ sections are intelligently written by the longtime veteran researcher of ufology and the paranormal who is also a gifted translator by profession. Corrales’ language expertise helps to make heartfelt connections with the largely Hispanic population who have suffered from the goat-sucker and who still seek answers to the nightmarish mystery. Corrales spoke firsthand to witnesses and visited some of the locales where the events had taken place.

His work features several transcripts of conversations on talk radio in which real people grapple with the terror and strangeness of the chupacabras. It demonstrates that the phenomenon is not just a hoax, but something real people have been forced to deal with on an ongoing basis.

Corrales teaches many of us a new word: “Exsanguinated,” meaning drained of blood, made bloodless. He also points out that the amount of blood consumed by a chupacabras would be many times its own body weight, so perhaps the creature is collecting blood for someone besides just itself?

The Monster That Refuses to Simply Go Away

“If reality resembled the world of fiction more closely,” Corrales wrote in *Alien Blood Lust*, “monsters would be put down with the finality of Lieutenant Ripley [in the *Alien* movie] purging the hideous alien xenomorph out of an airlock, consigning it to the vacuum of space. The sense



Longtime investigator of UFO incidents in Hispanic communities worldwide, Scott Corrales has kept a journal detailing dozens of encounters with the bloodthirsty chupacabras creatures.

of finality and justice delivered by a wooden stake through the undead heart of a cinematic vampire imparts catharsis, but we find none of that with the monsters and visions that persistently manifest themselves in our reality.

“After eighteen months of depredations in West Virginia in 1966–67, the Mothman disappeared into legend and the uneasy dreams of those whose encounters changed the course of their lives. Hunters and scientists emerge from forays after the elusive Bigfoot with little to show for their efforts, save the tell-tale strands of hair and plaster casts that have become a trademark of their avocation.

“The same can be said for the chupacabras,” Corrales continued. “The protean creature manifested for the first time in Puerto Rico in the mid-’90s, followed by a rash of sightings throughout Latin America, each time described a little differently than before. Media burnout and the trivialization of the subject by popular culture — the cascade of T-shirts and bumper stickers, rap and ranchero songs, cheap plastic memorabilia sold in marketplaces — resulted in a loss of interest in the creature’s exploits in Brazil and Chile later that decade.

“But the chupacabras keeps coming back like a prize fighter, unmindful of the fatuous pronouncements of skeptics, as well as efforts at fitting it into the UFO totem-pole by researchers bent on seducing the media once more, their prize a conference invitation or the lure of a television show. The demon is triumphant.”

The Puerto Rican media approached the subject of the paranormal predator again in 2012, when reporter Yaritza Santiago wrote an article for *El Nuevo Día* about the entity’s return to the scene, this time in the island municipality of Vieques: “A strange, wild animal prowls the verdant fields and communities of this island municipality. This is the only way to explain the discovery of dead horses, hens, and rabbits in situations that terrified Viequenses have ascribed to a panther that allegedly escaped from an American tourist’s possession. Others say it is a jaguar; still others speak of the return of the chupacabras, whose existence they do not question for a second.”

The Battlefield of the Killer Who Operated at Leisure

Thirty chickens met an untimely demise on the property of José Martínez and his wife, Jeami, in Barrio

La Hueca. The couple had gone off to a birthday party on the previous night, returning home an hour before midnight. They went to bed and Mr. Martínez woke up at half past five in the morning to feed the family animals. In the cold glow of his flashlight, José was startled to find the roosters dead in their cages, with deep puncture marks on their backs, drained of blood. The couple told reporters that they had not heard any abnormal sounds in the night.

José, 26, and Jeami, 21, described the massacre of their animals as “a battlefield” where the unknown assailant had operated at leisure. Jeami remained convinced that the perpetrator was none other than the mysterious being that spread fear throughout Puerto Rico during her childhood. “It wasn’t a dog. I think it could be the chupacabras,” she said.

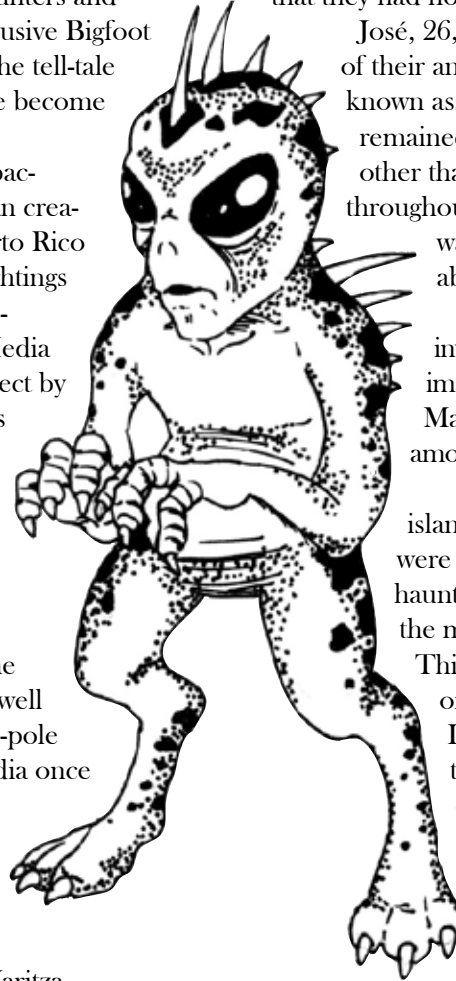
Reporters from the local media who investigated the incident were told of a “radar image” of a strange creature taken by a U.S. Marines radar, and they observed that the fear among the island’s population was quite real.

Corrales wrote further that, “On the main island of Puerto Rico, news organizations were covering the ‘gargoyle’ that supposedly haunted the vicinity of Guánica, the city with the magnificent bay on the Caribbean Sea.

This nightmarish vision had attacked not only animals, but allegedly humans as well. Its patterns of attack resembled those of the chupacabras, but not exactly the same entity. ‘Some identified it with the chupacabras, but others believe it was a different creature, a sly and sinister one, using the ruins and tunnels of the [abandoned] Central Guánica sugar mill as its lair,’ wrote Pedro Bosque in an article for *El Nuevo Día*. It was in this warren of half-flooded, weed-choked tunnels that the skeletons of its victims were reportedly found.”

According to Corrales, “Despite its predilection for lovely Guánica, the ‘gargoyle’ had reportedly been seen in Lajas and San Germán, communities in Southwestern Puerto Rico that acquired notoriety in the late ’80s and throughout the 1990s as paranormal hotspots. And unlike those relatively distant years, eyewitnesses were reluctant to share their names with the media, particularly when it came to the attacks on humans.

“These incidents were discussed in hushed tones. One witness interviewed by the press claimed seeing injuries on a man’s belly, produced by an ‘animal with large wings’ whose claws had torn at his flesh ‘to the extent



that his fat could be seen.’ The unnamed witness spoke soberly of seeing the victim lift his T-shirt to display the wounds received in his own backyard.

“Police officer Miguel Negrón, on the other hand, admitted to hearing ‘a loud sound of flapping wings’ while patrolling the abandoned sugar mill. Was an unknown avian taking off from the rusted cranes of the old mill? According to the officer, the ‘gargoyle’ had been described by some as a very large bird reeking of sulfur or rot (hydrogen sulfide?), feeding on live animals, such as dogs, cats, and horses by exsanguination.”

Other Voices Are Heard

Alien Blood Lust also includes a contribution by a writer named Hercules Invictus, who interestingly enough still believes in the Greek pantheon of gods, to include Zeus and all his fellows. With his thorough command of Greek mythology, Hercules gives us a lesson on how blood and blood sacrifice figure in the stories of the denizens of Mount Olympus. Is human blood the true nectar and ambrosia of the gods?

Nigel Watson, a British writer on paranormal topics, discusses how the Dracula legend may offer hints of a UFO connection. One has most likely heard of Vlad the Impaler, said to be the historical template for the later Bram Stoker character. Watson explains that there exists in a church in Romania (in the town that was Vlad’s old stomping grounds) a 16th century oil painting of dear old Vlad with what looks like a UFO — a strange disc-like craft emitting smoke — hovering over him in the background. It’s not exactly “proof,” but it does help to illustrate the notion of a flying saucer/vampire relationship rather neatly.

And, finally, there is a chapter by Tim R. Swartz, the veteran of much psychic warfare, who gives an overview of the history of cattle mutilation in the U.S., a phenomenon that peaked in 1975 but continues to linger in sporadic incidents. Swartz also writes about cases of human mutilations that have been covered up by military and government officials. One such case is the 1956 incident at the White Sands Missile Range, an army base in Southern New Mexico, where a soldier’s body was found mutilated

with surgical skill and no traces of blood left behind. The official verdict was that the soldier had died in the desert of “exposure.”

Why the Blood Sucker Phenomenon Is Evil

While there are those who might characterize the blood lust phenomenon as repellent but basically “morally neutral,” we should give some thought to the Biblical

Book of Leviticus, chapter 17, which unequivocally declares:

“... 13 And if any Israelite or foreigner living among them hunts down a wild animal or bird that may be eaten, he must drain its blood and cover it with dirt. 14 For the life of all flesh is its blood. Therefore I have told the Israelites, ‘You must not eat the blood of any creature,’ because the life of every creature is its blood; whoever eats it must be cut off. 15 And any person, whether native or foreigner, who eats anything found dead or mauled by wild beasts must wash his clothes and bathe with water, and he will be unclean until evening; then he will be clean ...”

The verses are clearly saying that eating the blood of an animal is an unclean thing and reason for expulsion from the community. Since there is this Biblical law unmistakably against consuming blood, one would think the chupacabras is something demonic, since

it openly defies the laws of God and consumes blood as a nourishment.

Blood has always been part of the hidden agenda of the ultraterrestrials, from the days of “ancient astronauts” — and their apparent demand for human sacrifices — to the animal mutilations of today.

“We think nothing of butchering a steer,” Beckley wrote in the book, “in order to get its most succulent cuts, so who is to say the aliens don’t see us in the same light, figuring us for a welcome meal on their journey through the cosmos?”

Suggested Reading

- *Alien Blood Lust: Are There Vampires in Space?*
- *Round Trip To Hell in a Flying Saucer*
- *UFO Hostilities — Evil Agenda of the Aliens*
- *Screwed by the Aliens* ♦



Newly discovered evidence exists in the form of a 16th century oil painting, indicating that the real Dracula might have been an alien. One can see a decidedly disc-shaped device hovering above the home of Vlad the Impaler.

Myths About the Eagles' 'Hotel California'

By John Young, HubPages

You can't kill some myths even though they've been disproved time and again. The lyrics and album cover photo of the Eagles' signature tune "Hotel California" are some of these. The popular 1970's song tells the story of a weary traveler who checks into a luxurious, upscale hotel only to discover all may not be as it appears.

But according to some, even the album cover photographs depict eerie images of satanic characters ... images that didn't appear on the original negatives but did on the album cover. In fact, the average listener might deduce there are hidden dark-sided overtones with hints to evil satanic activities going on there. Here's an example of the lyrics pointing to this: "You can check out anytime you like, but you can never leave."

The music to the song is lively and entertaining, so many people might not listen to the lyrics closely. If they did, they would be introduced to words like "colitis" and "Tiffany-twisted." The casual listener, before listening closely, might conclude Hotel California might really be a "lovely place" to spend some R&R.

Satanic Overtones

Eagles' guitarist Don Felder wrote the tune for "Hotel California." He explained the song was inspired when arriving in Los Angeles filled with high expectations and dreams that were later shattered.

"If you drive into LA at night, you can just see this glow on the horizon of lights and the images that start running through your head of Hollywood and all the dreams that you have," Felder said.

Therefore, the song must be warning about the overindulgences of the rock n' roll lifestyle, right? Maybe



One of the biggest myths about the Eagles album and song of the same name, *Hotel California*, was that it was a sort of "love letter to Satan."

not, at least according to rumor mongers, who continually insist the music has sinister connotations.

Myths Abound

There are many myths and stories floating around about "Hotel California." Very few, if any, have any substance. For instance, one myth claims the name refers to a mental hospital in Camarillo, California.

Other stories actually turned out to be nothing more

than fraud. Take the case of the Hotel California in Todos Santos, Mexico. In the 1980s, rumor had it Todos Santos was THE "Hotel California" mentioned in the famous Eagles' song.

As journalists learned of the rumor, the story soon became legend. Sensationalism was the name of their game. No true investigative reporting was done about digging up the facts. The writers already knew what they were going to write before beginning their investigative tour of the small town.

The truth of the matter was, a man in town claimed to have started the rumor. The town was poor, and he figured the story might lure tourists and bring some prosperity to their community. He told the story to everybody who would listen that this was indeed THE Hotel California, that the Eagles had stayed there, and Don Henley wrote the song right there while renting a room for \$2 a night.

In 1997, the famous travel writer Joe Cummings decided something about the story didn't seem kosher. So, he asked Don Henley about the hotel in Todos Santos. His reply was, "I can tell you unequivocally that neither myself nor any of the other band members have had any sort of association, business or pleasure, with that establishment."

It's a theme running throughout American history ... the American dream and those that never found it. Like

the gold miners who never found their fortune or those who came to America seeking a better life and found only misery in overcrowded cities. And yet, they held on to that dream. Maybe, just maybe, the music is only an allegory for broken dreams. ♦

Partial Lyrics From "Hotel California":

Mirrors on the ceiling,
The pink champagne on ice
And she said, "We are all just prisoners here of our
own device"
And in the master's chambers,
They gathered for the feast
They stab it with their steely knives,
But they just can't kill the beast
Last thing I remember, I was
Running for the door
I had to find the passage back
To the place I was before
"Relax." said the night man,
"We are programmed to receive.
You can check out any time you like,
But you can never leave!"

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Beyond the Ordinary

... The Rh Factor

By Rainbow Radaelli, Truth Seeker Highway

The Rh factor is something that confuses me to no end and seems to be a part of me, thanks to my mother — or so I'm told. There are so many questions that I have; it's almost like I don't know who I am. Is the negative blood type running through my veins really alien in nature? Or am I a different kind of human that is either a forgotten myth or interstellar traveler? Either one is fine with me, as long as there is some semblance of truth guiding me on my quest for answers.

Funny how my sisters used to tease me and tell me I had monkey's blood coursing through my veins when I was little. Little did they know that monkeys actually did play a part in the history of what I call "blood science." I was mercilessly teased and told I had the negative blood because I was the unlucky one and they got the good and positive blood from Dad because they were the lucky ones. I just wanted to be like them, and I felt that I was given a bum rap from God, my Mom, and the world.

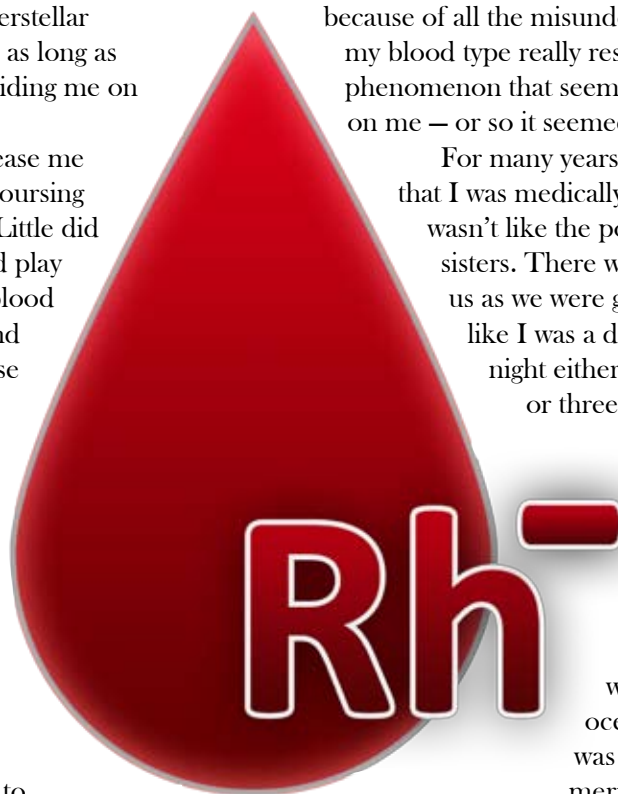
I was the third child, so I was the one who had the potential to be a problem pregnancy for my mom. My mom had to have the anti-D injections in order for her body not to reject me. Unfortunately, at birth, I had to have blood transfusions through my heels in order for me to survive. When my father was told the transfusions weren't working, he told the doctors to do another transfusion. Lucky for me, as they say, "The third time's the charm."

It didn't help that I was born with an exclamation mark on my forehead that slowly faded away (thank God) by the time I was 12 years old. My negative blood type, the birthmark, multiple abductions, and the paranormal all became a weighted albatross on my shoulders that I carried around for years. It got heavier, link by link because of all the misunderstandings I had regarding what my blood type really resulted from and the abduction phenomenon that seemed to skip my sisters and zero in on me — or so it seemed at the time.

For many years I thought I was handicapped or that I was medically below par because my blood wasn't like the positive blood types like my sisters. There were many differences between us as we were growing up. I would drink water like I was a dried-up prune. It didn't stop at night either, because I would wake up two or three times a night to quench my thirst. On average, even to this day, I drink the equivalent of two or more gallons of water a day.

On the opposite side of this unusual characteristic is my fear of large bodies of water, including big lakes and oceans. I often have felt that if I was by the ocean for too long, the mermaids would come looking for me. I wonder if there is a connection between my blood type and the Merpeople. Unless I develop gills anytime soon, I'm probably not going to find out.

Throughout my elementary school years, I had skin





rashes beyond any other student in school. I felt like my negative blood was the culprit. The third grade was the tipping point, because I was always at the doctor's office for strange rashes that would appear out of nowhere. They were usually around my ankles and up my calves, and as I got older, they appeared around my armpits.

I had a strange wart that appeared literally overnight by my front right shoulder. When my Dad would put iodine on it, my middle sister would tease me saying iodine was monkey's blood. I cried and declared I didn't want it on me and, of course, got into trouble. My sister just smiled at me from afar, and all I wanted to do at that moment was punch her. The doctor had to freeze it twice in order for it to go away. That was an ordeal for me because I was getting tired of things appearing on my body for no apparent reason.

A self-derisive mindset with an indulging paranoia was the biggest difference between my sisters and me. I didn't add up in my reflection of self doubt, especially since I was conveniently my own enabler, the purveyor of my own insecurities. My sisters had friends, while I had fear that was a constant companion throughout my days and especially my nights. My peers sensed something was a little off with me, which didn't help me make friends. My little black-eyed acquaintances liked it best when I was more isolated from the crowd. Do they mind-meld contactees with some weird palpable psyops?

Though, I must say, the isolated feeling didn't always feel like the self-indulgent, "woe is me" emotion, but more, "OK, where did my people go?"

I have had memories and visions, but I must pause here to fervently state that these are not dreams, which are entirely a different ballgame. These are worlds that feel so much like home that when I realize I am back here in this reality or dimension, I almost feel horribly abandoned, lost to my true home. As much as I love this planet, home is not here.

I think many Rh negative people feel this way to a certain degree. Do I have proof? No. But I have talked to many who feel a calling to someplace else. We feel a kinship with vast open spaces along with the mountainous regions. Some don't mind water like me and desire to be

close to the immense and bottomless ocean. We are either kin to one or the other.

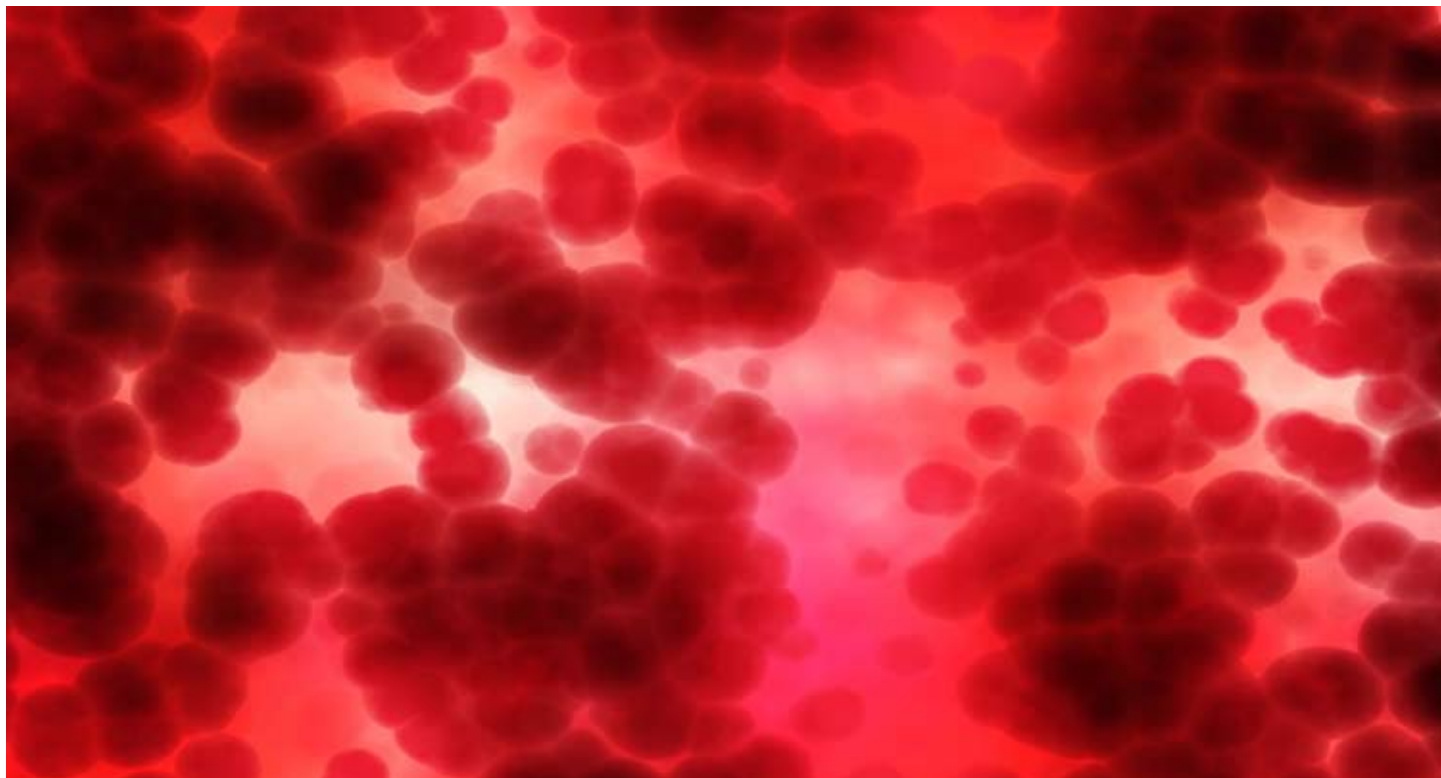
Empathic abilities seem to come with the territory, but it seems being psychic can be an almost human trait, one that connects us to our surroundings.

How disconnected people are can be seen in how little they see beyond the ordinary and the mundane. Children growing up with the Rh factor seem to have an open invitation regarding the supernatural and high strangeness beyond the veil.

I was told by my sisters that on numerous occasions I would wake up screaming and crying as a child late at night. From my parents perspective, they thought I was having "religious visions."

I would also sleepwalk as if guided by some unforeseen force. I guess it's easier to pull religious beliefs into something that is unimaginable and frightening. Nothing can prepare a human for nightly visitations, but when a

Children growing up with the Rh factor seem to have an open invitation regarding the supernatural and high strangeness beyond the veil.



child is dealing with the darkness and its minions, night terrors become larger than life, allowing no escape, save the loss of memory. Whether or not this is on purpose, sometimes this is our only saving grace.

I remember reading that Rh negatives have a more bluish color to our blood (blue bloods) because we have more copper in our blood. It didn't seem right, but it sounded interesting. And I had hoped for some odd reason that there might be a little truth to this tale.

If this meant I was not all human or perhaps a hybrid of some sort, then that was just fine with me. But with so many rumors out about what the negative blood types are, how far a person is willing to go to find the truth just depends on the amount of fiction or sci-fi there is and how eager they are to sift through the rhetoric. Allegory is sometimes much more fun to believe in than the truth.

Does having a negative blood type allow for constant contact with the unknowable? We can see what others can't without really trying. It's a double-edged sword that cuts both ways, leaving scars no matter what we do in order to hide the encounters or to openly reveal them. The aces up our sleeves can't help us if we don't know or understand the hidden truths of coded messages, images of disturbing realities, or the schools of thought that teach alien ideologies and knowledge.

I now embrace my differences and bask in my own novelty, allowing myself to be, just me.

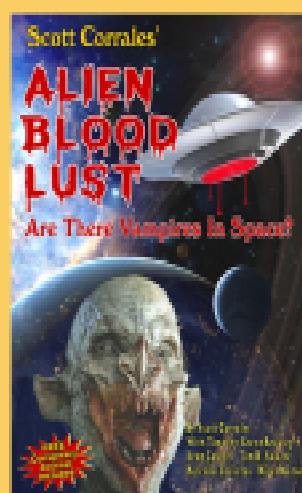
The building blocks of our humanity should be more important than what is reflecting back to the masses in the tabloids and TV shows or commercials. Society seems to be so transfixed on outer beauty, and this is by no mistake. It's easier to keep the masses from focusing on what really matters, because while a few people think having a purpose is the real key to fulfillment, identity is the one stimulus that humans gravitate to the most.

As an Rh negative, I have always wondered what was in me that made me tick. How does it all work to make me wake up each day and think, speak, feel, and walk? If I'm made up of energy, do I need my body? Does the blood type that runs through my veins really matter?

In the end, I have found that what little conclusions or understandings I have achieved or come to don't add up to much of anything. One thing that has changed: I now embrace my differences and bask in my own novelty, allowing myself to be, just me. What matters is who I am at the end of the day and if I'm a better person for it. Life experiences can be either unexpected treasures or the junk of disappointment. Either way, there is always something to be learned.

Adding in the Rh factor just makes life a little more interesting, but the funny thing is, I really wouldn't change a thing about my past ... except for believing my sisters and literally thinking I had monkey's blood! ♦

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CRYSTALS TO BALANCE CHAKRAS

By Karen Frazier, AuthorKarenFrazier.com

I'd like to share with you some insights on how you can use crystals in your everyday life to balance your chakras, which can help with generating physical and emotional alignment.

1. Start with freshly cleansed crystals.
2. Lie on your back in a comfortable place where you won't be disturbed.
3. Place each crystal (shown on the image to the right) on the corresponding chakra. For the crown chakra, place the crystal just above the crown of the head on the surface you're lying on. For the root chakra, place the crystal just below the root between your legs.
4. Close your eyes, and breathe deeply until you are relaxed. Breathe in through your nose, noticing the air move into your lungs as it expands your stomach, and then breathe fully out through your mouth.
5. Visualize each of your chakras as a wheel of light rotating in a clockwise direction. See the energy from each crystal blending with the light from each chakra. Notice if you can't visualize the chakra rotating, its color, or if it rotates in the opposite direction. These are all signs of unbalanced energy in that chakra.
6. Then, imagine white light entering from the top of your head and passing through each chakra and crystal, moving down from crown to root. Notice if you have difficulty visualizing any chakras or noticing the white light moving through each. These are where imbalances are. Stay with those chakras before moving onto the next; feel the energy from the crystal loosening and balancing that chakra before moving onto the next.
7. Once the light has worked its way down through the root chakra, visualize it moving back upwards, noting if it sticks on any chakra.
8. Continue to move the light up and down the chakras until you notice it flows freely through each without sticking.

9. Finish by running the light down through your root chakra and embedding itself into the earth to ground you.

Read Karen's energy healing book, "*Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*," which is available on Amazon. ♦

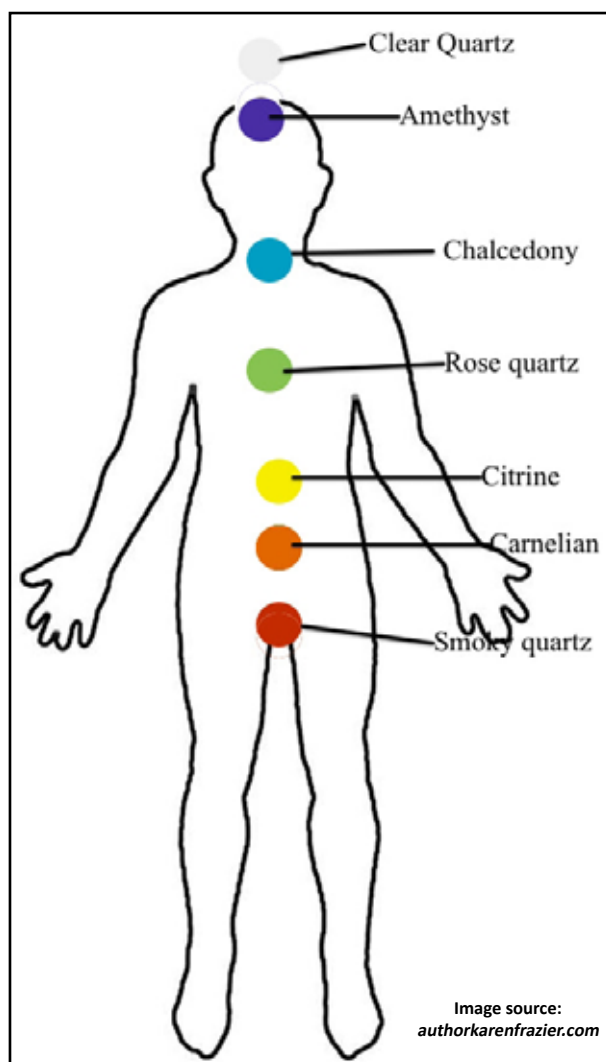


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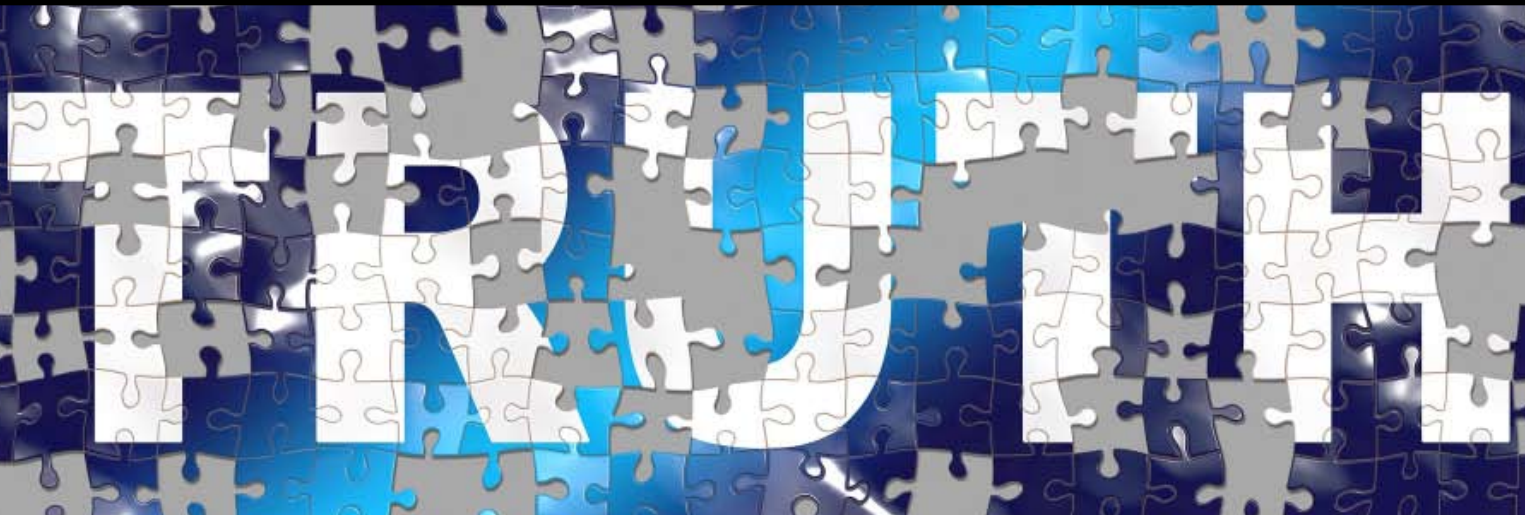
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9 Questions to Help You UNDERSTAND CHAKRA IMBALANCES

By Dr. Athena Perrakis, Sage Goddess

Have you ever gone to the doctor with a list of legitimate complaints, only to return with perfectly clean test results? Do you ever feel unbalanced, like you're constantly walking on shaky ground? Does everything seem upside down, unclear, and even scary? Maybe you wake up from a long night's sleep, feeling restless and uneasy?

These days, we are surrounded by so much stimulation with technology, caffeine consumption, and stress that our energy can feel overworked and restricted. When you feel like something isn't right in your body but can't physically point it out, it's a sign that your problem is likely energetic.

What Are Chakras?

Chakras are energy centers that connect you to Earth and Spirit, simultaneously receiving and sending information. They're spinning wheels of light — doorways of power and possibility through which your energy flows. A chakra is your Life Force in motion. When your chakras are aligned, you feel balanced, enlightened, and happier.

Are your chakras balanced?

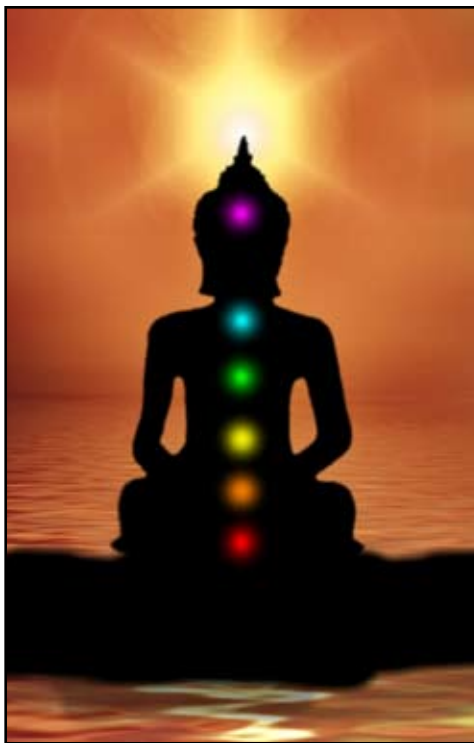
Below are 9 key questions to ask yourself in order to discover which chakras, if any, need attention.

1) Do You Feel Safe and Supported?

Earth Star Chakra (Vasundhara)

Your Earth Star Chakra is the closest connection you have to Gaia. It is a spinning wheel of light, located about 12 inches below your feet, connecting you to the collec-

tive energy that surrounds us. When you have an active connection to Gaia's ancient wisdom, you can feel your ties to the bones of your ancestors, to the spirits that live in every part of nature, and to the collective consciousness of humanity.



When your Earth Star Chakra is imbalanced or underactive, you may feel detached and unsteady.

2) Do You Feel Grounded and Balanced?

Root Chakra (Muladhara)

Your Root Chakra is your center of stability. When you feel connected and supported by Gaia, you are held safe and happy in her embrace. When your Root Chakra is out of balance, you can feel anxious and dizzy, almost like walking on uneven ground. This affects both your professional and personal relationships because when your sense of comfort and security feel depleted, your connection to others can start to crumble as well.

When your Root Chakra is active and healthy, you walk with more confidence knowing you are seen and supported.

3) Do You Feel Inspired and Passionate?

Sacral Chakra (Svadhithana)

Your Sacral Chakra governs your creativity, your passions, and sexual desires. It is the domain of all creation. Your Sacral Chakra controls what you bring to life; whether it's an idea, a project, or a child. When this center is imbalanced or underactive, you will likely feel closed

off to intimacy and may experience an inability to pursue your passions. You may even face problems conceiving a physical baby.

When your Sacral Chakra is balanced, you feel vivacious and inspired, empowered, and filled with desire, which, in turn, makes you more desirable to others.

4) Do You Often Feel Doubt or Hesitation?

Solar Plexus Chakra (Manipura)

Your Solar Plexus is the center of your personal power. It's like a light switch inside of you that when turned on, illuminates a deep sense of strength and power. Imagine the Sun (solar energy) infusing you with its warmth, providing you with energy and clarity.

When your Solar Plexus Chakra is active and balanced, you move forward in the right direction, using your own wisdom and skills to bring your dreams to life. If you feel filled with doubt or hesitation about your gifts or choices, your Solar Plexus Chakra may be out of alignment.

5) Do You Treat Yourself With Love and Kindness?

Heart Chakra (Anahata)

When your Heart Chakra is balanced, you will experience compassion, happiness, and love, not only for others but for yourself as well. When you fill your heart with love, you become aware of the love that surrounds you. When your Heart Chakra is balanced, you're able to maintain healthy and fulfilling relationships.

Love is the closest thing to real magic that we all possess. When your Heart Chakra is imbalanced, you may feel sorrow, loneliness, and disconnection, even when your environment suggests otherwise.

6) Do You Express Yourself Freely?

Throat Chakra (Vishuddha)

Your Throat Chakra rules communication — not just the information you communicate, but how you do it. When your Throat Chakra is balanced, you are able to transform your thoughts and ideas into words freely. You find the clarity to express your wisdom and your deepest thoughts with truth and grace. When others are speaking, you listen with genuine focus and interest.

When your Throat Chakra is imbalanced, it may be difficult for you to express your truth clearly and effectively, almost like being silenced by the invisible hand of repressed thought.

7) Do You Have Strong Intuitive Skills?

Third Eye Chakra (Ajna)

When your Third Eye Chakra is balanced, you trust your intuition and are able to see the world in its full, majestic vibrance. You can look beyond the naked eye and see the beauty of a person's soul. Not only are you able to tap into these intuitive gifts, you also hold the power to differentiate your physical sight with your spirit sight. You see life and people as they truly are and accept both the light and dark.

When your Third Eye Chakra is imbalanced, your senses may seem hazy and unfocused.

8) Do You Have an Intimate Relationship With Source?

Crown Chakra (Sahasrara)

Your Crown Chakra is your connection to the Divine. When this energetic center is balanced,

you have access to deep levels of consciousness and a strong connection to Source.

You accept yourself as part of the continuous Universe and are able to fulfill your highest potential. You have an intimate relationship with your soul because you're able to explore the wisdom of your spirit guides and the Divine realm.

When your Crown Chakra is unbalanced, you feel disconnected with Source and Divine energy.

9) Do You Feel Connected to the Love and Beauty of the Cosmos?

Soul Star Chakra (Sutara)

Your Soul Star Chakra is located above your Crown Chakra, like a halo. It's the gateway through which Divine light enters your body and nourishes your soul. When this energetic center is active and balanced, you experience unconditional love and ethereal peace.

It invites you to pursue ascension and spiritual development and is your connection to your Higher Self.

In Closing

Everything is energy, and energy is always moving. You really can shift and move into your most natural, healthy, energetic flow, and chakras are the doorways to make it happen! Keeping your chakras in harmony is key to overall physical and spiritual happiness. Improving energy flow pretty much improves anything you can imagine.

If you want to feel better, increase your vitality, have a better sex life, and create abundance, start actively working with your chakras. You hold the power to improve your well-being. May you feel deep blessings of alignment. ♦

Keeping your chakras in harmony is key to overall physical and spiritual happiness.

Mr. Huff's Ghost

By Willie Windwalker Gibson

The 1960s was a time of wonder and growth for me in the paranormal. I started realizing that I had gifts other kids my age did not have. It was the summer of 1966, and I was 11 years old.

I had already been visited by ghosts and aliens for a year. I was getting used to it, and I just let it become an everyday thing in my life.

I was a kid who stayed to myself a lot. I had a few friends from school, but they rarely came by. My siblings had their friends, and they would go to their houses to play. I stayed behind as always.

Sometimes, though, I did manage to find things to do. I did things for my elderly neighbors. I would go to the store for them, mow their grass, and sometimes did minor painting jobs, such as painting fences and sheds.

Helping Mr. Huff

One day, there was a knock on our door. My dad answered it, and it was a neighbor of ours. His name was Mr. Huff.

Mr. Huff was a retired railroad man. He was huge and portly, had gray balding hair, and was in his 70s. My dad liked Mr. Huff and asked him in.

Mr. Huff was going to paint his shed and asked my dad if it would be OK for me to help him. My dad asked me if I would like to help Mr. Huff, and I jumped at the chance to do it and make a little money. Mr. Huff told me to come over the next day to get started.

The next morning, I knocked on Mr. Huff's door. He opened the door and told me to come in. I went in and stood in Mr. Huff's living room. He told me to wait a minute while he went into the kitchen to get something. I stood there looking around.

Mr. Huff had lots of pictures on his living room walls.

There were pictures of him with lots of trains. Then I heard him say, "Willie, I was an engineer. I drove the trains."

I told him that I bet he had fun. He shook his head yes.

Then he told me to follow him, and we went out the back door to the shed. Mr. Huff said that we had to scrape the old paint off before we could put new paint on.

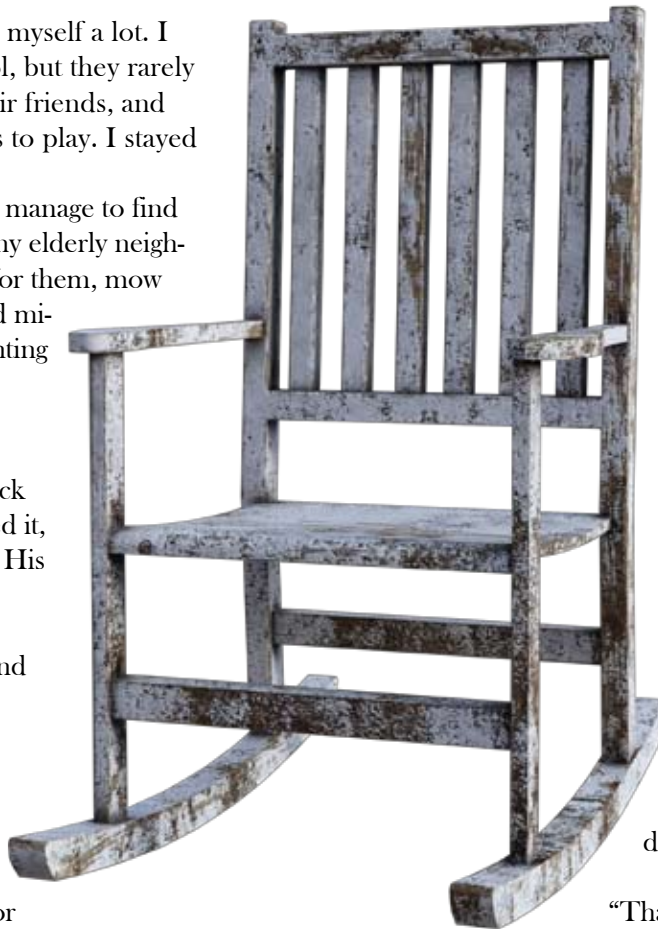
So, we started to scrape the old paint with scrapers. It was a small shed, and it just took us a day to do that.

When all the old paint was off, Mr. Huff told me to go home — that was enough for the day. I went home around 4 p.m. I knew my dad would be home soon from work.

My dad soon came home from work. He asked me how my day was. I told him I was tired.

My dad looked at me and said, "That's why I want you to go to school and get a good education — so you won't have to work that hard."

My dad always had a way to teach me about life. This was a perfect example.



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Painting the Shed

The next day I went back to help Mr. Huff paint the shed. It was about 8 a.m. By then, he had the paint out in front of the shed already. We started putting the white paint on the shed. It went on smooth. It took us about four hours to paint the shed.

When we were finished, Mr. Huff invited me to come in the house. So we went into the kitchen. It was 1:22 p.m. Mr. Huff opened the refrigerator and pulled out two Cokes. He opened them up and handed me one. As we sat at the table drinking Cokes, Mr. Huff told me I did a good job, that I was a good kid, a special kid, and then he winked at me.

I did not know if he knew I was a sensitive, but I had a feeling he might be too.

He then went into his pocket and pulled out a \$10 bill and handed it to me. I thanked Mr. Huff and left.

That night when my dad came home, I showed him what I had made. He told me not to waste it all on candy. I told him I would not.

The Ghost of Mr. Huff

A few days passed with nothing much going on. It was Saturday, so I thought I would drop in on Mr. Huff. I walked around the corner to Mr. Huff's house, and he was sitting in a chair on his front porch. I walked up on the porch said, "Hi, Mr. Huff."

He looked at me and said, "Willie, can you have your

dad come over?" I shook my head and went to tell my dad. I went home and told my dad that Mr. Huff wanted to see him.

My dad walked back to Mr. Huff's house with me. When we got there, Mr. Huff was gone. My father walked onto the porch and knocked on the front door. There was no answer. After looking in the front window, he looked at me told me to go stand on the sidewalk. So I did. He then opened the front door and went in.

A few minutes later, Dad came out and said for me to come back home with him. He walked fast.

When we got home, he called the police and reported that Mr. Huff had died. He told the police his name and that he would meet them at the house.

My Dad then told me that Mr. Huff had died and that it looked like he had died a day or two before. I just looked at my dad.

He then told me to stay home, and he left to meet the police. A few hours passed, and he came back. He told me everything was OK. I told him that I was not lying about talking to Mr. Huff that day. My dad looked at me and said he believed me. He said that Mr. Huff had been dead a few days and that he wanted someone to find his body.

"You helped that to happen, Son," my dad told me. "Mr. Huff probably knew you could see his ghost."

Since that time, seeing spirits and helping them has been a part of my life. ♦



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THE HUMAN CLAUSTRUM

Can it Produce a 3D Holograph of the Hereafter?

By Maria Anna van Driel, The Next Truth

We all wonder now and then about what will happen to us after we die. When a loved one passes away, we long to see him or her again. And we wonder if after “our turn” comes, will we have a glorious reunion with them?

Is such a reunion a non-illusion moment and, thus, a realistic possibility that we experience with full awareness? Or is death really the end of all consciousness?

Well, according to some researchers, consciousness is just another property, emerging as a result of trillions of electrical pulses shuttling across the brain. According to this theory, consciousness is only a property and not an entity.

On the other hand, the *Bible*, for instance, is teaching us that life does not end after our bodies die: “I am the resurrection and the life. Those who believe in me, even though they die like everyone else, will live again.” (John 11:25 NLT)

The *Bible* describes how eyewitnesses being the closest to Jesus told the event in him demonstrating his power over death by rising from the dead after being crucified and buried for three days.

But what if we do not have to wait until our biological clock stops ticking, the Universe absorbs our energy, and gravity gets a definitive hold on our physical body and lays it to rest, just below the surface of Mother Earth? Now that would be something, right? We would be accessing the “powers” of Cellular Memory Release (CMR) in multidimensional existences while we are still alive and well!

Could this be a fact? My answer is a resounding yes!

But before we can “control” this superpower, we have to understand how these subtle bundles of “info-energy” — which are comprised of physical, mental, and emotional data and comes from all of your life experiences, genetic heritage, and past generations — looks like in its behavior.



First of all, you have to know that the “cellular memory phenomenon” (a consciousness at cellular level, also known as “body memory”) is the collective energy field in your body, like the Higgs field is to quantum particles, and generated by these individual cell memories.

Nothing we experience escapes from our reality; it is imprinted into our cellular holographic memory in the form of a cell memory, where it operates behind the scenes of our subconscious mind. These subtle bundles of info-energy in the cellular memory pre-disposes (or programs) you to perceive and behave in a certain way as thoughts and feelings are made. A new world that is produced by a thin, irregular sheet of neurons in the center of the brain, called the claustrum, manifests within your consciousness.

Within this idea, we can use the analogy of a computer in where the holistic beingness is the hard disk, the cellular memory is the database on the storage disk, and the files within the database are the cell memories. It can be stated that everything that has ever happened to us is recorded in the cells of our body, similarly to files being stored within a computer.

Looking at the behavior of our cells and their info-energy in such a manner, a great part of the Theory of Everything (ToE), which speaks about the ones and zeros (the binary code embedded in string theory) of the Universe, can be applied to a holographic reality in our visible spectrum, as well as in the hereafter.

The idea of living in a computer-generated universe was already suggested in the 1940s, as the code was discovered by Professor A. James Gate, Jr., which he refers to as “adinkras.” In this way, the cellular memory is, so to speak, a biocomputer that is charged up as a result of an electric spark and influences our relationships to everything and anything that is happening in our perspective of time, space, and matter.

Now, let's take a brief look at an underlying level of the notion that there is similarity between the blueprint of our existence and that of the Universe by trying to imagine an endless rotating spiral of plasma, which represents time, in a pitch black place containing nothing except for one tiny, bright spot. This electric, charged spot floats in a place containing inaudible soundwaves and slowly bends some arrows of time as it drifts through the center of this spiral toward a formless gas-cloud of hydrogen (H₂) and helium (He) that is present around the core of a black hole.

Do our eyes act as observers at the quantum level, having the power of creating holographic projections in 3D astral rendering?

We assume that a black hole is one of the creepiest places the Universe has to offer, as it exhibits such strong gravitational effects that nothing, including particles or electromagnetic radiation, such as light, can escape from inside it. With this being said, a border in our way of thinking has been created instantly ... but these invisible borders should not be a fact in their existing.

So, like the nuclear energy in our atoms, we leave those particles exactly where they are ... inside this hypothetical area we call a black hole ... just as we leave the info-energy inside our cells. Like the particles inside the black hole and the info-energy inside our cells, we are going to force our thoughts again and bend the borders of the fabric of time as we transform them into a clear vision containing vibrating



energy that has the capability to communicate with a special field that is connecting us all together.

Looking at the behavior of a strange photonic light, which is being pressed against the edge of the inner-shell of a black hole due to the centrifugal force and starting to act as an electron-positron pair (e-/e+) just on the edge outside the shell, our info-energy is starting to act in a similar manner and shows itself as an electric-coded wave hitting our magnetic field (aura) due to certain chemical reactions in our brain and, thus, our cells.

Our body has the capability to release the electric impulses of these subtle bundles of info-energy (CMR), stored in the cellular memory, and as soon as our atoms start to get excited and slightly crack, they release its nuclear photonic light from the core. This coded, bright light is then transported via the nervous system to the brain, where it starts a plural electric explosion, which we have come to understand as neuronal behavior.

Now that the brain has received this “collective energy,” it can transmit the information, in vibrations/waves, toward the magnetic field of the body, where it becomes a readable language for those who have learned to receive it via transforming it in images, sounds, and/or feelings. In other word ... telepathy.

So, like an e+/e- pair can spawn from photonic light from inside a black hole and communicate with the Higgs field, our “inner light” can transform into electromagnetic waves, where it is triggering the aura and even lighting it up a little bit. Creating this crazy transformation from particle to waves, a closer look at the well-known “double-slit experiment,” which was performed by Davisson and Germer in 1927, is also not entirely useless.



Skipping the complicated interior of this experiment, which is not magical or weird, but a completely straightforward consequence of quantum mechanics, it comes down to the behavior of photonic light, static or not, changing from particles to waves — and probably vice versa whereby the fabric of reality is a swirling Schrödinger's box, providing a strange evidence for the many-worlds interpretation.

Now, let us bend the borders of our thoughts just one more time by replacing this double-slit experiment for the human retina and maybe even in reverse.

Many say it is not possible for the human eye to observe this form of excited light with full awareness, but looking at the possibility of how photonic light can be polarized by a medium like the human retina, it does have the ability in creating both a vivid image inside the brain and a multiple dimensional holographic projection in the visible spectrum that is perceptible by bystanders.

Four methods in creating this form of light containing electromagnetic waves are known: polarization by transmission, by reflection, by refraction, and by scattering, whereby scattering is the closest possibility in creating a natural holographic effect in the mid-brain (also known as the Eye of Ra) while traveling through a medium like that of the human retina.

And as we are entering the knowledge of physical chemistry, as well as scraping the surface of basic physics, we can see that this manner of scattering speaks of light striking the atoms of such a medium, often setting the electrons of those atoms into vibration. The vibrating electrons then produce their own electromagnetic wave that is radiated outward in all directions.

This newly generated wave strikes neighboring atoms, forcing their electrons into vibrations at the same original frequency, which we understand as communication in the form of transmitting images, sound ,or/and emotions

by telepathy. These vibrating electrons produce another electromagnetic wave that is once more radiated outward in all directions as this absorption and re-emission of light waves causes the light to be scattered about the medium and then partially polarized.

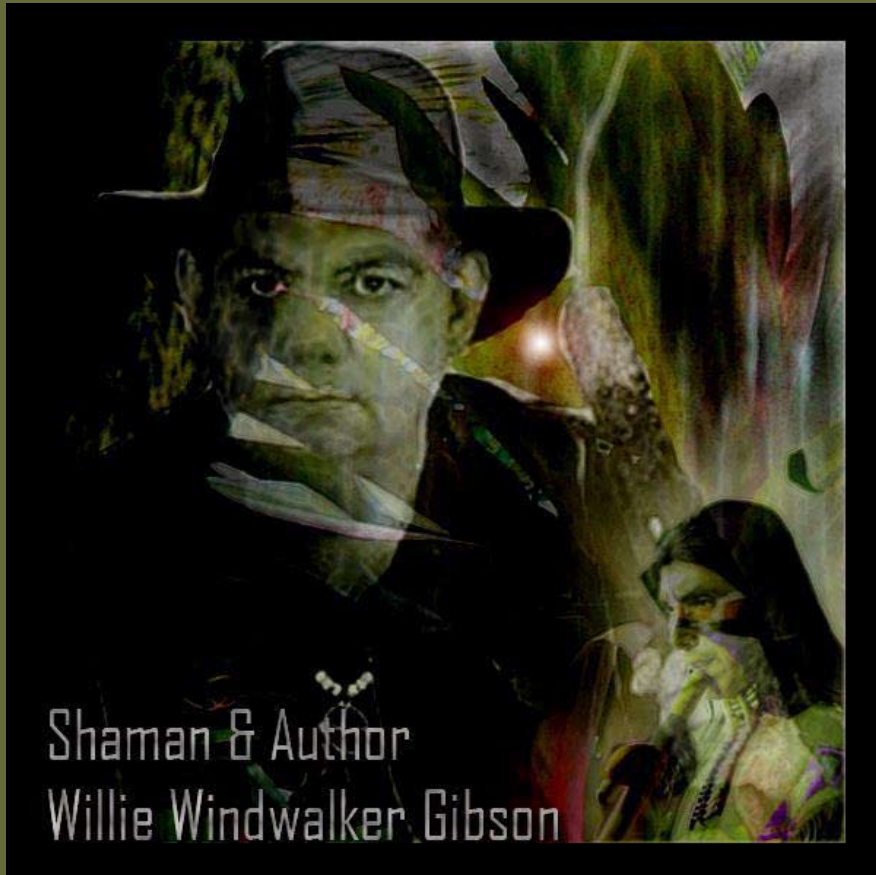
So, if the human retina has the ability to absorb these polarized photons and is creating a strange effect in a possible distortion of our visible spectrum, this behavior could trigger the optic nerves and, thus, the neuron activity in the brain, which again gives an effect in the claustrum of being charged and transmitting this electricity to the nervous system, as well as charging the fluid in the mid-brain.

As a result of an effect like this, the fluid in the mid-brain is slightly charged (heated up), merging with the chemicals the pineal gland releases. This results in, around the corpus callosum, a hydrogen release due to external magnetic fluctuations from the aura and the internal electricity the body gained due photon polarization.

Looking at the info-energy our cells contain in such a manner, we could say that a crazy galactic behavior is taking place inside our body, meaning that there is a plausible possibility that the Universe could have its origin in our minds as we project our ideas, emotions, and experiences on a place called “the ether” by science.

So, everything you see and experience in 3D, including time and matter, could be a reversed interpretation of a reality existing somewhere in another universe ... a one of a four-strand TOE, which is a state of mind and matter whereby an equation is almost utterly useless due to the chaotic behavior of an subatomic universe.

Will there ever be tangible evidence of its existence, and will we ever accept a scientific explanation as such that definitely has the power of proving the reality of the paranormal? ♦



Shaman & Author
Willie Windwalker Gibson

WILLIE WINDWALKER GIBSON

OFFERS READINGS VIA
EMAIL OR BY PHONE.

EMAIL FOR MORE
INFORMATION:

CRYSTALCHIEF55@AOL.COM

[HTTPS://WWW.FACEBOOK.COM/WILLIE.GIBSON.3517](https://www.facebook.com/willie.gibson.3517)

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AN ABDUCTION RECOLLECTION:

Alien Mind Control During Abductions

By Paul Schroeder

I am flying high over a lush-green tree landscape, over rolling, tree-lined hills. And though I know that it must be night, within the tractor light-beam under a moving craft, the fields and countryside below are lit up as though it were day. But I know it's night, because I am told that I am dreaming.

I am flying, floating above a tree landscape, and for a few brief seconds before I am drawn into the craft, I see the green, granular nature of the trees below and feel the visual exhilaration of flying, but rather than fear, I am filled with a combined sense of peace and joyous happiness. I marvel at the texture and color of my neighborhood and my movement above it.

I am dreaming, but I am awake. The smaller craft lands near a much larger ship, hiding in plain sight, in a field. A long ramp extends from and to the ship. I am told by a small, dark, grey alien, always just out of sight, that I am to wait in line for a tour of a country estate.

People stand on the ramp and slowly move forward. I am numb and feel like I'm having a surreal, vivid dream — but I feel like I am awake. I move forward, people in front and in back of me, on a narrow path surrounded by a false screen memory of a flat, uni-dimensional static scene, a photograph of an English garden.

It is hot and humid with the rank smell of soil. People clutch what looks like brochures and move slowly in a single line toward the country estate, bored and only mildly interested. I approach the door of the large alien craft. A ticket taker sits at the entrance way, on a stool behind a lectern, observing the entering crowd, a doorway official seen as a slim teenager.

I think it's odd that such a young caretaker should seemingly be in charge, and as I lift my eyes to meet the teen's gaze, the young boy turns into a kindly old man.

"It's mind control, not shape-shifting," I am told by a sonorous tour-guide's voice in answer to my unasked thought. Everyone is awake and dreaming.

Inside is a waiting room, dirty, dull, and round, a white room with no adornments and a black floor. I awaken, dreaming, and feel that the room is in flight. It is a dream within a dream.

Awake again, briefly, I am dreaming while standing upright, walking in my sleep, climbing a steep, metal stairway ladder path-bridge that leads to a very large room at the top of the stairs. Someone in front of me dreams and wakes up dreaming.

I look to my right, as I climb, to see an enormous domed-curved window, which makes up the staircase's whole upper wall of the alien craft, and as I climb, feeling very numb, I pause and stop the line of mass-abducted people.

I look out of the window and see the Earth and the Moon, opposite each other, hanging in the blackness

of space. I place my arms on the curved railing where the staircase meets the bottom of the window and cup my chin in my hands to understand the raw beauty of what I see:

Outside is blackness ...

The Earth, in the far right portion of the glass window, hangs suspended in a black nothingness, a planet swimming in blue-white haze, with a large red area, perhaps, the desert of North Africa, or the Arabian peninsula.

Silver and bright, the Moon, far to the left portion of



the glass, also hangs suspended in a black nothingness. Far away, violet splashes of nebulae and points of red pinpoint starlight intersperse with millions of white stars.

Chin in my hands, I lean over and say in a wistful, admiring tone, "These people who live at this estate have some view; what a view!"

The small, dark, grey alien tour guide became startled, and all at once, the window's 3D space scene became a painted uni-dimensional flat portrait of an English garden landscape. Chin in hands, still looking out of the window, but now at the expanse of poster-like green lawn of a garden landscape, I dully repeat, "They do have a nice view!"

The tour guide, startled to hear me repeat this praise, seemingly unaware that the scene of the garden had already worked to distract me, knee-jerk-reflex-overreacted; I am slammed with a mind-control jolt.

The alien creature tightens and magnifies its short psychic leash of control to throw me into a vivid emotional ecstasy, and I feel compelled to look down at my feet and away from the window's view. The simple, metallic ladder-path underfoot transforms into a carved, inlaid, wood one, delicately patterned and dazzlingly ornate, an inlaid ebony and maple wood design, cryptic and deeply beautiful in motif and complexity.

I am forced to kneel to examine it, my eyes now fully away from the stars, Earth, and Moon outside the enormous, curved window. Powerful awe, love, and wood-admiration, a godlike reverence of wood, flashes through my mind at the mirage of the intricate wood-designed staircase, suspended in air.

Complex, gorgeous, and lushly constructed, a staircase in multicolored woods, forces an almost religious awe, which courses through my brain to thrill me. A tsunami of reverent awe for the dazzling wood patterns and for the unknown artist-architect overwhelms and distracts me. It's a gifted attempt to get me to forget what I had seen outside of the craft's window.

The sleeping line of climbing people is now fully stopped by my fawning and repeated examinations of the simple metal staircase, as I repeatedly retrace my steps to examine it, in a rapture. The tour guide, just out of sight, presumes that the delusion is strong enough to have worked, and I hear a resonant, deep, paternal, impatient voice, now within my head: "Just keep going; it will be there for you to see when you get back."

But, things change so quickly in dreams, I think. And this gorgeous, wood stairway will likely not be there when I return."

I linger, enthralled. The alien "guide," who tethers me and all the others within a snug cocoon of illusions, had deftly made a simple, metal staircase, the unrightful recipi-



ent of that stolen awe of the magnificent scene viewed outside the craft's window.

But when I awaken, I do remember the staircase and my monumental awe of the spectacular space scene outside the curved window of the alien craft. *Astounding creatures, uncanny, psychic, mind-bending, short-leash-controls*, I think when I awaken exhausted with a dull headache and a copious nose bleed, more tired getting up than I had been upon going to bed.

And "dreams," in a gnawing realization, could no longer ever again be trusted to merely be "dreams."

* * * * *

A personal note: Abductions and their remnant elusive memories have opened all this for me, a confirmed atheist, until I saw aliens float me out of my body, in my bed, at night. Then, I knew that they were more interested in an essence that I never suspected I had: a soul.

* * * * *

Postscript: Rather than a fear-based approach to Dark Force Entity safety and caution, I prescribe a required spiritual "shift" toward the equally unseen goodness of the spirit world and away from fear.

Unlearning fear is a step-by-step acceptance and assertion of one's spiritual Self, a distance far and away from fearful defenses mustered by one's material physical self.

One's longitudinal approach to any self-defense must be a spiritual one, not a physical one.

For defenses to flare, one must recognize that one is not a person having troubled spiritual problems, but instead an eternal soul having troubling human experiences.

From the stance of self-recognition as an eternal spirit, one can then insist on "one's own space" as spiritual fruition. ♦

HELPING A SPIRIT COEXIST WITH THE LIVING

BY BOB FOUNTAIN, SPECTRAL TECH

Most clients look forward to having their stories told, and yet there are others who are terrified that someone will find out. This investigation was one of those in which the client had no problem with us writing about it, as long as I didn't use her name, the name of her business, or even the town. Other than that, she was fine.

Her fear was that if anyone found out she had a group come to investigate her business for paranormal occurrences, she would lose some of her customers and be run out of business. It is a valid fear, since the South has a lot of religious groups that believe if something unseen is not Jesus or an angel, it is a demon and you should not have anything to do with it ... period. Although she didn't fall into this category, many of her clients did.

One of the main things I stress when I give classes on paranormal investigations is to be very precise in what the client is willing to share. Providing names and places can have serious consequences to the client's career, business, or personal lives.

Our team, Spectral Tech, got involved with this investigation just by chance. The daughter of one of our team members was at the client's beauty salon and heard what sounded like items falling off a shelf and hitting the floor. After finding that nothing was out of place, the owner finally confided in her that she thought the building was haunted and didn't know what to do about it.

"You need to talk to my parents," was the response she was given. Two of our team members, Scott and Lisa Oates (her parents), lived close by and stopped by the salon to get some preliminary information.

The building was a very small, one-story, split-level design; around 40 by 40 feet. The upper half was open and was the main portion of the salon. It had several chairs and dryers commonly used in a beauty salon. It also had a small side room used for facials and waxing. The lower half was an unfinished open area and had a room that once served as a kitchen and floral designing area.



Spectral Tech recently investigated a haunted salon in the South, which was home to various types of paranormal activity.

Claims of Paranormal Activity at the Salon

Besides constantly hearing the sounds of nonexistent items falling on the floor and having the feeling of being watched, the primary concern of the owner was the kitchen area. She advised us that whenever she went into this area, she would feel fear and quickly develop a headache or get nauseated.

To further her anxiety, she once brought her Doberman Pinscher into the building one weekend while remodeling, and the dog would not go anywhere near the kitchen. When she tried to make it follow her into that area, it ran to a far corner of the room, curled up, and whimpered until she left.

Another instance was when a little girl came in with her mother and was playing with an imaginary friend near the hair dryers. The girl was having a good time and had to use the restroom. As she started walking toward the restroom, she stopped and ran back to her mother and



The salon was home to disembodied noises, electronic voice phenomena, and invisible presences.

said she was afraid of the man standing in the hall, which happened to be by the kitchen. When the mother and owner looked, there was no one there.

Based on these claims, we agreed to investigate. When Scott and Lisa went to the salon to set up a time and date, they brought their Boston terrier, Boudreaux, to see if he would react as the client's dog had reacted. That experiment did not do well. Boudreaux wandered all over the building, including the kitchen, with no sign of fear or apprehension. Scott and Lisa realized that since Boudreaux stayed all day in their store, which is haunted, any spirit he sensed would not be a big deal. We decided to come with our standard tools for our primary investigation.

Investigating the Salon

We arrived well after the last customer had left and initially scanned the building with our K-II meters. Right away we found that the circuit breaker box between the two hair dryers emitted EMF from almost three feet away. This was where the little girl played with her imaginary friends. We wondered if this high level of EMF energy was affecting the little girl's mind rather than an unseen friend she was playing with.

We also found that a line of energy was detected across the front of the building. Strangely, we found no EMF anywhere the kitchen area. Being already late, we decided to do some EVP sessions before calling it a night.

Thinking about the child's playmate, we asked if the entity was a child and got a clear "no" from a male voice. When we asked if the table in the facial area was also used for massages, we got a "yeah" on the recorder. When we asked if the entity had been in the building for a long time, we got two partial sentences. A male voice whispered, "The trouble with this spa" and "It's not supposed to happen."

When I opened a door to the kitchen to do an EVP session, I got a firm, "Get out!" Finally, while I was in the kitchen area sitting on a five-gallon pail, I commented about getting stiff sitting there. Then a male voice was captured saying, "Tell me about it."

Helpful Information

We returned to the client and gave her our findings. Because of the messages we captured, we asked several more questions about the building and its history.

We found out that it was a small gift shop in the past, and the owner used the kitchen to make floral arrangements for the store and would not allow anyone in it. Basically, it was his man cave. Unfortunately, he developed cancer and died. The store was then closed.

His wife had rented the building over the years, but the tenants never stayed more than a few months. Finally, the wife sold the building outright to our client. As they began to renovate the building and turn it into a beauty



I gave the owner some protective crystals to be placed in the four corners of the kitchen, as well as some to be placed in the corners of her salon.

shop, the activity soon became apparent. We wondered if the wife knew that the building was haunted and elected not to tell the new owner just to get rid of the problem.

An Interesting Second Investigation

Because of this new information, we got permission to return to do a more thorough investigation. Along with digital recorders and several K-II meters, we also brought along a geophone, an SLS camera, a spirit box, laser grids, and Boo Buddy. We set Boo Buddy by the hair dryers and circuit breaker box to see if we could determine what was happening to the little girl. This time the owner decided to stay and observe.

The Boo Buddy is one of my favorite tools. For those unfamiliar, it is a Teddy bear with sensors that detect EMF, temperature variations, and movement. It also asks preprogrammed questions. It is often used as a trigger object to interact with young spirits, but I have found it works equally well with any spirit.

Almost immediately, the Boo Buddy was interacted with, stating it was cold and being tickled. That indicated a temperature drop by the bear and that something was touching the bear.

We decided to do a sweep of the entire building with the SLS camera and spotted a large stick figure by one of the walls in the kitchen, so I decided to spend some time in there alone to attempt communication. I gave the SLS to the team to use upstairs.

When they scanned the hair dryer chairs, they got two small stick figures popping in and out of existence. If these were truly entities, it would explain the invisible friends the little girl was able to see. We theorized that the extremely high levels of EMF wasn't affecting the girl's mind, but it was providing enough energy for these entities to be sensed by the girl.

Scott sat in one of the chairs and could sense a difference every time one of these stick figures superimposed over his body. We suggested to the owner that if she had an electrician come in and take steps to shield the circuit breaker box better, it would most likely resolve the activity in this area.

When the activity quit there, the small facial and massage room was scanned with the SLS gear. A small stick figure appeared on the table, and the geophone we had previously placed on the table lit up, indicating that it sensed the vibration created by the entity. We surmised that whatever had appeared by the hair dryers followed them into this area but disappeared as quickly as it appeared. These figures did not give a feeling of malice or negativity and simply appeared to be curious as to what we were doing.

While the other team members were investigating in the main area of the beauty shop, I remained in the kitchen and decided that we were mainly dealing with a sad, old man who died and was taken away from a business and building that he loved being in. He wanted it to be like it was and was willing to run off any tenant who occupied "his" establishment. By accounts, when living, he sometimes came across as stern or crabby but wasn't a mean or evil man. The voice that said, "It's not supposed to happen" was a voice of someone who was not willing to let go of the life they once had.

I decided to sit there and have a one-sided conversation with this entity and pointed out that no matter what he tried, it would not make things return to what they once were. The current owner invested her whole life savings into this business, and leaving was not an option she had. I told the spirit that if it succeeded in destroying her business, the building would very likely be destroyed because it was located on prime real-estate and something bigger would replace it.

I pointed out the options we had, which included saging and blessing the building and surrounding it with a psychic barrier so the spirit could never come back. I said that instead of removing the spirit, he could stop scaring people and help protect the building and current business to ensure his little shop would live on. I advised that we would be back, and if the owner said the activity remained the same, we would take steps to have the spirit removed.

We concluded the investigation, and before we left, I gave the owner some protective crystals to be placed in the four corners of the kitchen, as well as some to be placed in the corners of her salon. The owner was pleased that she was not going crazy and saw firsthand what our equipment was picking up. She took some comfort in the fact that what she was experiencing was something that could be corrected.

We have since been advised that activity has been reduced significantly and she hasn't had the fearful feelings she once had.

Decisions

Although this was a simple run-of-the-mill investigation, it highlighted some of the decisions that we often have to make as investigators.

Depending on what the particulars of the case are, sometimes we are more focused on the living or the dead. In this case it was both. We were dealing with the living whose livelihood depended in part with us resolving the problem; however, we were also dealing with an entity grieving the loss of the life he once had.

We have had referrals where it was apparent that schizophrenia was the issue and not anything paranormal.

Conversely, we are currently working on a case where there is no doubt the entity needs to go.

In this case, however, rather than forcing out a spirit who was already grieving, just for the expediency of the client, perhaps a candid talk with the spirit did the trick. We will find out.

**A male voice whispered,
"The trouble with this
spa" and "It's not
supposed to happen."**

Update on a Past Investigation

"Coexisting in the Smith House" (published in the September 2018 issue of *Paranormal Underground*) was an article about

a couple who had a potential negative entity dwelling in their house, and we left it open-ended. In the months following the article, the Smiths encountered escalating negative activity, including inappropriate touching, shared dreams, and an oppressive feel to their house.

Leigh Ann even woke up one night hearing her mother repeatedly calling for her downstairs. It was 3 a.m., and her mother did not have a key to their house, so she rushed downstairs to see what was going on. There was no one there, and this was the tipping point where something needed to be done.

Taking my recommendation, they found a Catholic priest who was willing to come to their house and perform a cleansing ritual to rid the house of any negative entities. The priest went from room to room, expelling anything unseen from the house. The Smiths said that the house felt more peaceful than it had ever been, and they now can sleep through the entire night in peace.

Although they didn't mind coexisting with the spirits in the past, like a house guest that overstays their welcome, it was time for the unwanted spirit(s) to pack up and leave. ♦

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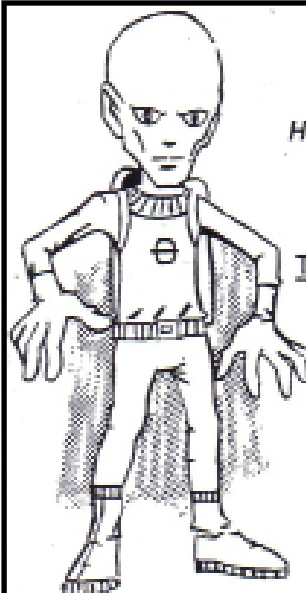
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By Linda Mooney

Q&A by Michelle M. Pillow, MichellePillow.com

Author Linda Mooney loves to write erotic romance with a fantasy, paranormal, or science fiction flair. In 2009, she was named Whiskey Creek Press Torrid's Author of the Year, and her book *My Strength, My Power, My Love* was named the 2009 WCPT Book of the Year. In 2011, her book *Lord of Thunder* was named the Epic Ebook "Eppie" Award Winner for Best Erotic Sci-Fi Romance.

Linda is a retired kindergarten and music teacher who lives in a small south Texas town near the Gulf Coast. She also writes erotic romances under the name of Carolyn Gregg and horror under the pseudonym of Gail Smith.

She recently spoke with us about her latest paranormal book, *Wrynter* (July 2018).

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Q: In your book, *Wrynter*, the heroine is gifted (or cursed) with the ability to see past memories a person has experienced. What inspired you to create such a character?

Linda: I'd been bouncing around the idea of someone who could tell if another person was lying simply by touching them. It wasn't until I went with a friend to check out an RV that the idea developed, believe it or not.

Coupled with another friend who uses Purell like it's water, somehow the whole story molded into shape. Making it also a romantic suspense was icing on the cake.

Q: When world building, did you base your story off of known myths throughout history?

Linda: Actually, I prefer to make my stories different from anything I've previously read. One particular book I wrote featured "Lupin," and my editor tried to argue with me that werewolves could only shift during a full moon. Mine shifted any damn time they pleased.

I love to world build, especially when it comes to my sci-fi romances. But when it comes to paranormal, I like

to pretend these creatures and circumstances really do exist in our time. They just have to be very careful who knows about them. It's the how and when they're "outed" that makes for interesting reading.

Q: If you could be anywhere while writing, where would you be and why?

Linda: Exactly where I am right now. In my office, in my own home, with my husband, my dogs, and my faith. Here, I'm comfortable. My family and I have a routine that allows me to spend my time as I wish. I'm 30 minutes from the beach, if I wish to go there. To me, this is what I've work for years to achieve.

Q: Do you like creating an overall world and multi-book plotline better than individual stories, or vice versa?

Linda: Actually, most of the time, when I write a book, it's a standalone. But sometimes when I'm involved in it, or



Author Linda Mooney is a wife, mother, grandmother, and retired kindergarten and music teacher. She lives in a small south Texas town near the Gulf Coast.

after I finish it, I realize there could be another story there. A second book or a third. Maybe a fourth. Very few of my series were actually planned to be series. If that single book begs for an expansion, then I use the opportunity to expound upon the world/situation I created in the first book.

I like to think of the way I write as “bricks.” I detail specific plot points, and then I “mortar” them together. I don’t outline, but neither do I “pantsers.” However, when one book develops into a series, I have to make sure I refer back to my journals where I keep copious notes as to characters, etc., to make sure I don’t tread too far away from the main plot thread. Sometimes, I even reread the first book and take more notes regarding specific details.

Q: Do you have any paranormal theories?

Linda: Yes. I believe some souls become trapped in an alternate world either because of the life they led when they were alive or because of the violent way they met their end. And until they can either atone for their sins or come to grips with their death, they remain there.

Those entities that attack living people are those who are unable to contend with their passing and only want to inflict hurt. I’m also a believer in demons, not as corporeal spirits, but as creatures who prey upon the weaker souls and use them like a vessel to cause harm.

Q: Why do you think readers, and society in general, are fascinated by the paranormal?

Linda: For one thing, because they can’t fathom its existence. Because they can’t “see” it with any of their senses, that makes it mystical and mysterious, which piques our curiosity. I think our love of shapeshifters initially grew from hearing ancient stories about witches turning people into frogs and other creatures, which later was expounded upon by movies and television.

Toss in the element of danger, and everyone wants to get a taste — viscerally, of course.

Q: Have you ever had a paranormal experience?

Linda: Oh, my gosh. Vermont. Let me tell you what happened in Vermont. I had just visited Emily’s Bridge and had gone into town to find a motel for the night. When I go on these self vacations to recharge my creative batteries, I prefer to stay at the local places, anything AAA approved.

When I was checking in, I got to talking to the desk clerk, who I told I was an author and doing research. She asked me if I’d gone to Emily’s Bridge, and I told her I had. She then went on to describe several incidents that she personally knew about with regards to that location. I thanked her and went to my room.



“She reaches into minds to discover the truth. But this time, what she finds could get her killed. Wrynter Poe is both blessed and cursed with a unique ability. She can’t read minds, but she can follow a person’s memories of an event they witnessed. Which is why she works as a special agent for the FBI in helping local law enforcement agencies solve crimes ...”

Sometime in the night, I awoke screaming, “Who are you?” I remember the cold hand that took mine and lifted it above the bed. The moment I woke up, the hand was gone, but my entire arm was chilled. Needless to say, I lay awake the rest of the night for fear of it happening again.

When morning came, I finally got out of bed and decided to take a shower to help keep myself awake. I set the bottles of shampoo and conditioner on the side of the tub. I’d washed my hair and reached around the shower curtain for the conditioner, but it wasn’t there. Thinking I might have accidentally knocked it off, I went looking for it.

It wasn’t in the bathroom. It was sitting in the middle of the bedroom, on the carpet, sitting straight up. If I’d knocked it off the side of the tub and it somehow managed to roll onto the carpet 10 to 20 feet into the bedroom, how was it able to sit itself straight up? Needless to say, I left that hotel in a hurry.

I've had other experiences in Jefferson. But that one in Vermont was the one that convinced me spirits and ghosts do exist.

Q: Are you a paranormal investigator?

Linda: I'm not an investigator myself, but I've gone on several ghost tours where there were experienced investigators present. Because of those episodes, and because of personal episodes, I'm now a firm believer in ghosts.

Some of my best escapades came when I was in Jefferson, Texas, and Savannah, Georgia.

But my initial encounter came when I was vacationing in Vermont, checking out the covered bridges. After what happened to me that night in my hotel room, I have a healthy respect for the spirit world.

Q: What kind of paranormal creatures do you wish you could meet?

Linda: I want to meet a real shifter. I don't care if it's a creature or someone who can take another person's identity. I'd like to hear about the dangers and pitfalls they face every day. I especially want to know if, say, they're a dog shifter, if they were born a dog who found out he could become human, or a human who discovered he could be a dog. How did he discover he had that ability? And are there any others, like in his family, who can also do it?

I'd also like to be able to have contact with a ghost, but in broad daylight. I want to be able to ask him or her how the living and the world of the living appear to them.

Q: Is there anything about shifters that you would like to see changed?

Linda: Even though, scientifically, shapeshifters, especially the animal variety, are an impossibility, I think there still needs to be a smidgen of probability in the man versus creature adaptation. To explain, a man turning into a bear, or an alligator, or a wolf, is easy to accept. But a six-foot, 200-plus-pound man becoming a duck, or a hedgehog, or a mouse is ludicrous to me. I can't see that as shapeshifting. It's more like magic.

If a man is cursed to change into a cockroach or an enormous dragon, that makes for great fiction. But size

needs to equate into an appropriate size. That's just my belief and opinion. If they're equal in size, great! If not, please make it the result of a magical spell or curse.

Q: How feasible is a zombie apocalypse?

Linda: Oh, wow. I think it's more feasible than a lot of people think, especially if it comes about because of a widespread virus or disease. Instead of people dying from chemical warfare or if there's a leak at some center for disease control, I wouldn't be surprised if we ended up with masses of victims infected with zombie-like attributes.

Q: Choose your fate: Would you rather face being abducted by menacing aliens or the face imminent threat of zombies?

Linda: Oh, zombies. No second thought needed there. With aliens, you don't know what kind of technology you're dealing with. You don't know what kind of powers they may have. Worse, you don't know if there's something they brought with them germ-wise that could wipe us out before their weapons could. With zombies, though, you know exactly what you're dealing with, and you can take steps/measures to avoid them or fight them.

Q: What does the future hold for your writing?

Linda: In 2017, for my New Year's Resolution, I swore to 1) start a new series, 2) end a series, and 3) continue a series. I accomplished that with 1) *Sky Titans, Deities, Book 1*, 2) *Neverwylde, Book 6*, and 3) *Predator of the Pines, Subwoofers Book 4*.

I had so much fun doing that, that I made that my New Year's Resolution for 2018 too. So far I've done #1, *Lucien – The D'Jacques Dynasty, Book 1* and #2, *Specter of the Marsh, Subwoofers, Book 5*. I don't know what #3 will be. There are so many possibilities to choose from!

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To learn more about Linda and her books, visit lindamooney.com. To find her on social media, visit <https://twitter.com/LindaMooney>, www.facebook.com/LMOWR, and www.facebook.com/groups/735249946549380. ♦



"Croat was a Lupan, one of the half-man, half-beast creatures long thought to be extinct or fabricated from fairy tales. Tora was a Sensitive. Captured and thrown together inside Baron Agrino's dungeon, they discovered a connection between them that defied all reason ..."

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